



BIOMECHANICAL REPORT

FOR THE

IAAF World Championships

LONDON 2017

10,000 m Men's

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INTRODUCTION

The men's 10,000 m final, the first of the 2017 Championships, took place in the late evening on August 4th. The race was tightly contested, with local favourite and multiple global champion Farah winning by less than half a second from the fast-finishing Cheptegei. Farah's winning time was just over three seconds slower than the Championship Record, and the fast nature of the race was highlighted by 12 personal best times (including two national records), with eight others recording season's bests (including Farah's world leading time). Nzikwinkunda was unusual in that he had no personal best for the distance recorded, but did qualify as one of the top 15 finishers in the 2017 World Cross Country Championships. The results for all finishers are shown below.

IAAF World Championships		London 4-13 August 2017		IAAF World Championships LONDON 2017																																				
RESULTS																																								
10,000 Metres Men - Final																																								
<table border="1"> <thead> <tr> <th>RECORDS</th> <th>RESULT</th> <th>NAME</th> <th>COUNTRY</th> <th>AGE</th> <th>VENUE</th> <th>DATE</th> </tr> </thead> <tbody> <tr> <td>World Record WR</td> <td>26:17.53</td> <td>Kenenisa BEKELE</td> <td>ETH</td> <td>23</td> <td>Bruxelles (Boudewijnstadion)</td> <td>26 Aug 2005</td> </tr> <tr> <td>Championships Record CR</td> <td>26:46.31</td> <td>Kenenisa BEKELE</td> <td>ETH</td> <td>27</td> <td>Berlin (Olympiastadion)</td> <td>17 Aug 2009</td> </tr> <tr> <td>World Leading WL</td> <td>26:49.51</td> <td>Mohamed FARAH</td> <td>GBR</td> <td>34</td> <td>London</td> <td>4 Aug 2017</td> </tr> <tr> <td>Area Record AR</td> <td></td> <td>National Record NR</td> <td></td> <td>Personal Best PB</td> <td></td> <td>Season Best SB</td> </tr> </tbody> </table>						RECORDS	RESULT	NAME	COUNTRY	AGE	VENUE	DATE	World Record WR	26:17.53	Kenenisa BEKELE	ETH	23	Bruxelles (Boudewijnstadion)	26 Aug 2005	Championships Record CR	26:46.31	Kenenisa BEKELE	ETH	27	Berlin (Olympiastadion)	17 Aug 2009	World Leading WL	26:49.51	Mohamed FARAH	GBR	34	London	4 Aug 2017	Area Record AR		National Record NR		Personal Best PB		Season Best SB
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4 August 2017 21:20 START TIME 20° C TEMPERATURE 64 % HUMIDITY																																								
PLACE	NAME	COUNTRY	DATE OF BIRTH	ORDER	RESULT																																			
1	Mohamed FARAH	GBR	23 Mar 83	20	26:49.51	WL																																		
2	Joshua Kiprui CHEPTEGEI	UGA	12 Sep 96	23	26:49.94	PB																																		
3	Paul Kipngetich TANUI	KEN	22 Dec 90	5	26:50.60	SB																																		
4	Bedan Karoki MUCHIRI	KEN	21 Aug 90	2	26:52.12	PB																																		
5	Jemal YIMER	ETH	11 Sep 96	4	26:56.11	PB																																		
6	Geoffrey Kipsang KAMWOROR	KEN	22 Nov 92	22	26:57.77	SB																																		
7	Abadi HADIS	ETH	6 Nov 97	11	26:59.19	SB																																		
8	Mohammed AHMED	CAN	5 Jan 91	10	27:02.35	NR																																		
9	Shadrack KIPCHIRCHIR	USA	22 Feb 89	8	27:07.55	PB																																		
10	Andamlak BELIHU	ETH	20 Nov 98	24	27:08.94	PB																																		
11	Aron KIFLE	ERI	20 Feb 98	15	27:09.92	PB																																		
12	Abraham Naibei CHEROBEN	BRN	11 Oct 92	1	27:11.08	NR																																		
13	Leonard Essau KORIR	USA	10 Dec 86	14	27:20.18	PB																																		
14	Timothy TOROITICH	UGA	10 Oct 91	12	27:21.09	PB																																		
15	Hassan MEAD	USA	28 Aug 89	17	27:32.49	PB																																		
16	Zane ROBERTSON	NZL	14 Nov 89	13	27:48.59	SB																																		
17	Hiskel TEWELDE	ERI	15 Sep 86	18	27:49.62	SB																																		
18	Moses Martin KURONG	UGA	7 Jul 94	21	27:50.71																																			
19	Onesphore NZIKWINKUNDA	BDI	10 Jun 97	6	28:09.98	PB																																		
20	Stephen MOKOKA	RSA	31 Jan 85	9	28:14.67	SB																																		
21	Bayron PIEDRA	ECU	19 Aug 82	7	28:50.72	SB																																		
22	Patrick TIERNAN	AUS	11 Sep 94	19	29:23.72																																			
	Nguse AMLOSOM	ERI	10 Nov 86	16	DNF																																			
	Polat Kemboi ARIKAN	TUR	12 Dec 90	3	DNF																																			

Timing and Measurement by SEIKO

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METHODS

Three vantage locations for camera placement were identified and secured. Two locations were situated on the broadcasting balcony along the home straight and a third on the back straight close to the 200 m start line. Two Sony NXCAM cameras, operating at 50 Hz (shutter speed: 1/1250; ISO: 1600; FHD: 1920x1080 px) were placed along the home straight, whereas a Sony PXW-FS7 camera operating at 150 Hz (shutter speed: 1/1600; ISO: 1600; FHD: 1920x1080 px) was placed along the back straight.

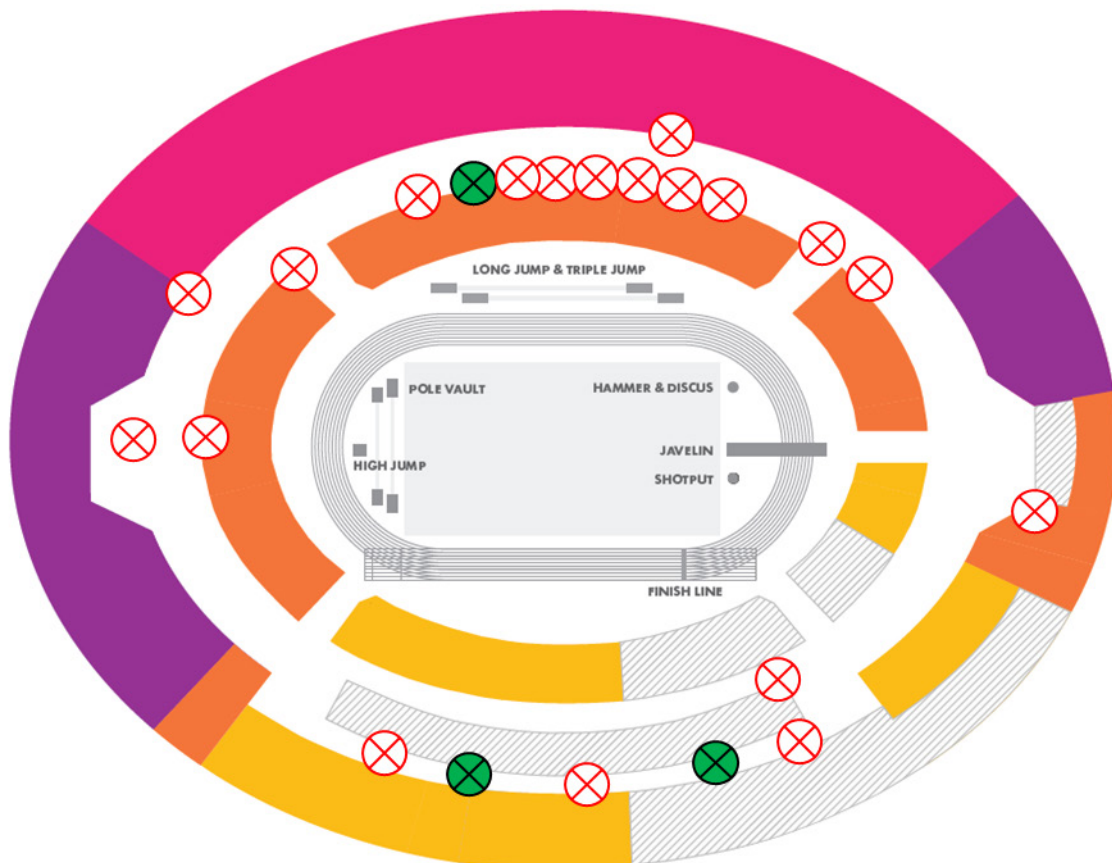


Figure 1. Camera positions for the men's 10,000 m final (shown in green).

To calibrate for 3D analysis, a rigid cuboid calibration frame was positioned multiple times on the running track between the 47 m mark and the 55.5 m mark (from the starting line) over discrete predefined areas to ensure an accurate definition of a suitable volume. This approach produced many non-coplanar control points per individual calibrated volume and facilitated the construction of a global coordinate system.

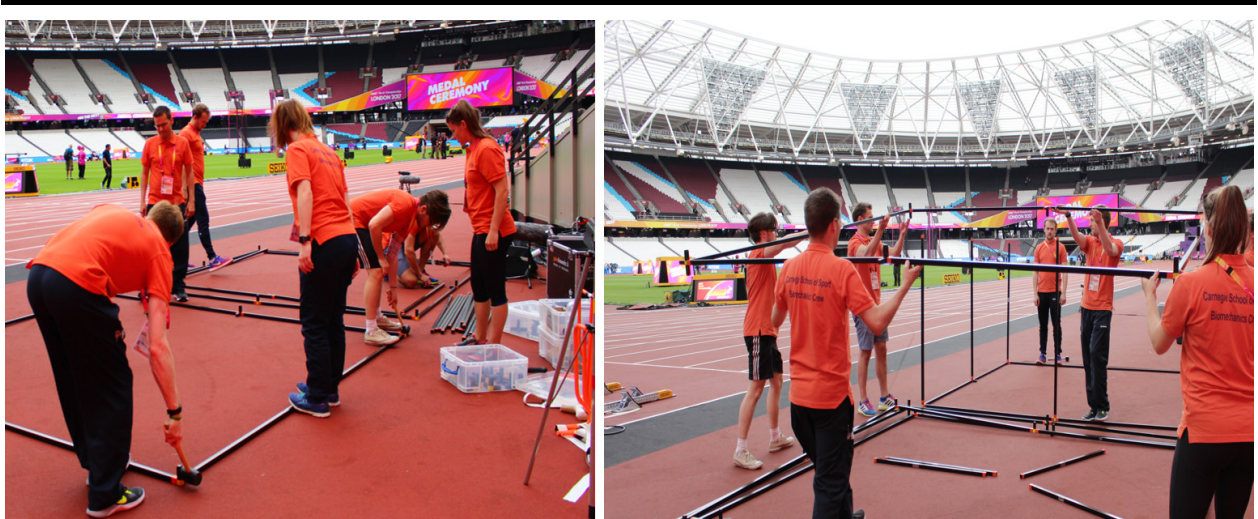


Figure 2. The calibration frame was constructed and filmed before and after the competition.

The video files were imported into SIMI Motion (SIMI Motion version 9.2.2, Simi Reality Motion Systems GmbH, Germany) and manually digitised by a single experienced operator to obtain kinematic data. An event synchronisation technique (synchronisation of four critical instants) was applied through SIMI Motion to synchronise the two-dimensional coordinates from each camera involved in the recording. Digitising started 10 frames before the beginning of the stride and completed 10 frames after to provide padding during filtering. Each file was first digitised frame by frame and upon completion adjustments were made as necessary using the points over frame method, where each point was tracked through the entire sequence. The Direct Linear Transformation (DLT) algorithm was used to reconstruct the three-dimensional (3D) coordinates from individual camera's x and y image coordinates. Reliability of the digitising process was estimated by repeated digitising of one running stride with an intervening period of 48 hours. The results showed minimal systematic and random errors and therefore confirmed the high reliability of the digitising process.

De Leva's (1996) body segment parameter models were used to obtain data for the whole body centre of mass. A recursive second-order, low-pass Butterworth digital filter (zero phase-lag) was employed to filter the raw coordinate data. The cut-off frequencies were calculated using residual analysis. 3D still mode analysis was employed for several kinematic variables for some athletes where digitising the whole body was not possible. The split data for each 100 m were provided by SEIKO. Where available, athletes' heights were obtained from 'Athletics 2017' (edited by Peter Matthews and published by the Association of Track and Field Statisticians), and online sources. All values were rounded to two decimal places, except for percentages (one decimal place) and angles (nearest integer).



Figure 3. Action from the final lap of the men's 10,000 m final.

Table 1. Variables selected to describe the performance of the athletes.

Variable	Definition
Running speed	The mean speed achieved during one complete running stride (i.e., two steps).
Step length	The distance covered from toe-off of one foot to toe-off of the other foot.
Relative step length	Step length as a proportion of the athlete's height (body height = 1.00).
Step length difference	The difference in step length between left-to-right and right-to-left steps. Positive values indicate a longer left-to-right step, and negative values longer right-to-left steps.
Step rate	The number of steps the athlete ran per second (measured in Hz).
Contact time	The duration the athlete's foot was in contact with the ground.
Contact time %	The percentage of time per step spent in contact (the remainder is flight).
Flight time	The duration from toe-off of one foot to contact with the other foot.
Hip angle	The angle between the trunk and thigh segments and considered to be 0° in the anatomical standing position. Positive values indicate flexion, negative values indicate hyperextension.
Knee angle	The angle between the thigh and lower leg segments and considered to be 180° in the anatomical standing position.
Ankle angle	The angle between the lower leg and foot segments and calculated in a clockwise direction.
Shoulder angle	The angle between the trunk and upper arm and considered to be 0° in the anatomical standing position. Positive values indicate flexion, negative values indicate hyperextension.
Elbow angle	The angle between the upper arm and forearm and considered to be 180° in the anatomical standing position.

The joint angles were averaged between both sides of the body. In a few instances, only one side was measured because of obscured views, and all data were not obtainable for some athletes on certain laps. The top eight finishers were analysed during Lap 15, with the medallists analysed also on Laps 5, 10, 20 and 25.

Please note that the results from this report supersede the results contained within the fast report published in August 2017. The results presented here have been derived from data extracted from all cameras involved in the recording and digitised fully to provide a more accurate analysis of performance.

RESULTS

Table 2 summarises the personal best (PB) and season's best (SB) times of each of the top eight finishers before the final and their ranking amongst all finalists. Table 3 shows the comparison between their result in the final and their PB and SB times.

Table 2. Individual personal best (PB) and season's best (SB) times before the final.

	PB	Rank	SB	Rank
FARAH	26:46.57	1	27:12.09	3
CHEPTEGEI	27:10.06	7	-	-
TANUI	26:49.41	2	27:42.6	14
MUCHIRI	26:52.36	3	27:40.3	12
YIMER	27:09.08	6	27:09.08	2
KAMWOROR	26:52.65	4	27:35.9	10
HADIS	26:57.88	5	27:08.26	1
AHMED	27:30.00	14	27:30.00	7

Table 3. Comparison between the final result and PB and SB times before the final (WL = world leading time; NR = national record).

	Result	Notes	vs PB (s)	vs SB (s)
FARAH	26:49.51	WL	2.94	-22.58
CHEPTEGEI	26:49.94	PB	-20.12	-
TANUI	26:50.60	SB	1.19	-52.00
MUCHIRI	26:52.12	PB	-0.24	-48.18
YIMER	26:56.11	PB	-12.97	-12.97
KAMWOROR	26:57.77	SB	5.12	-38.13
HADIS	26:59.19	SB	1.31	-9.07
AHMED	27:02.35	NR	-27.65	-27.65

Figure 4 shows the mean speeds for each of the top eight finishers during each 1000 m segment whereas Figure 5 shows their mean speeds during each 100 m segment of the last 1000 m.

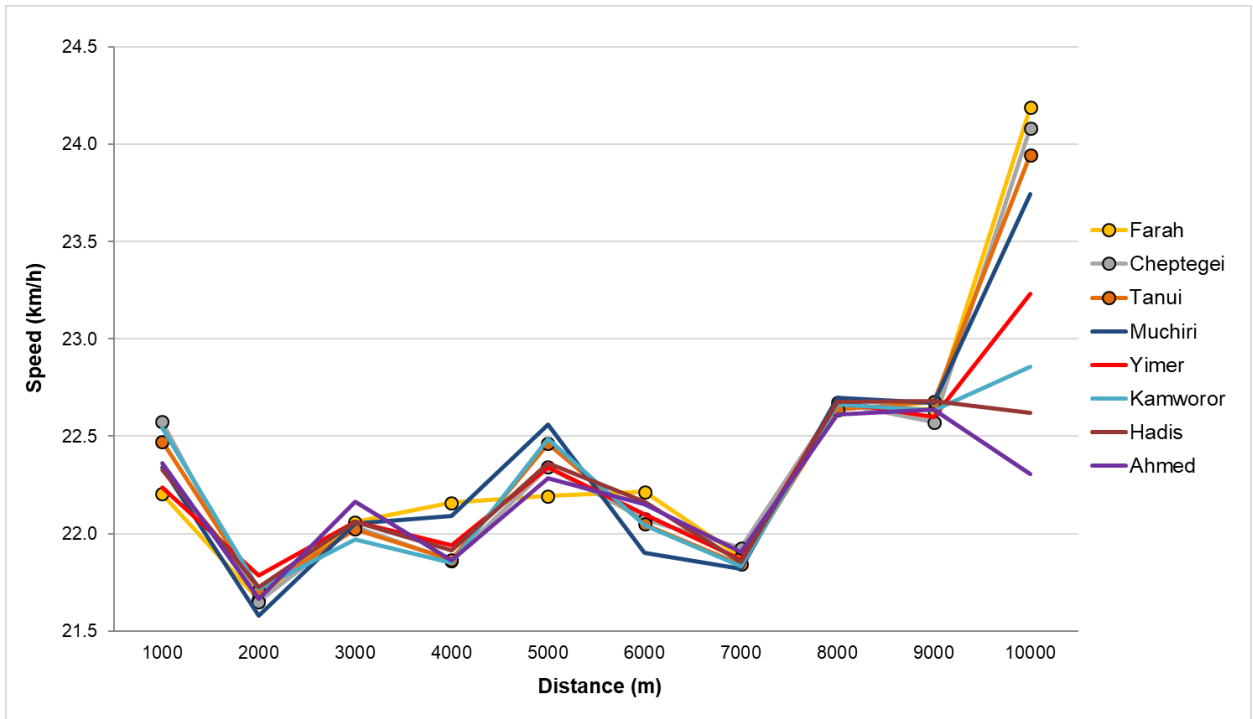


Figure 4. The mean speeds for each 1000 m segment for the top eight finishers.

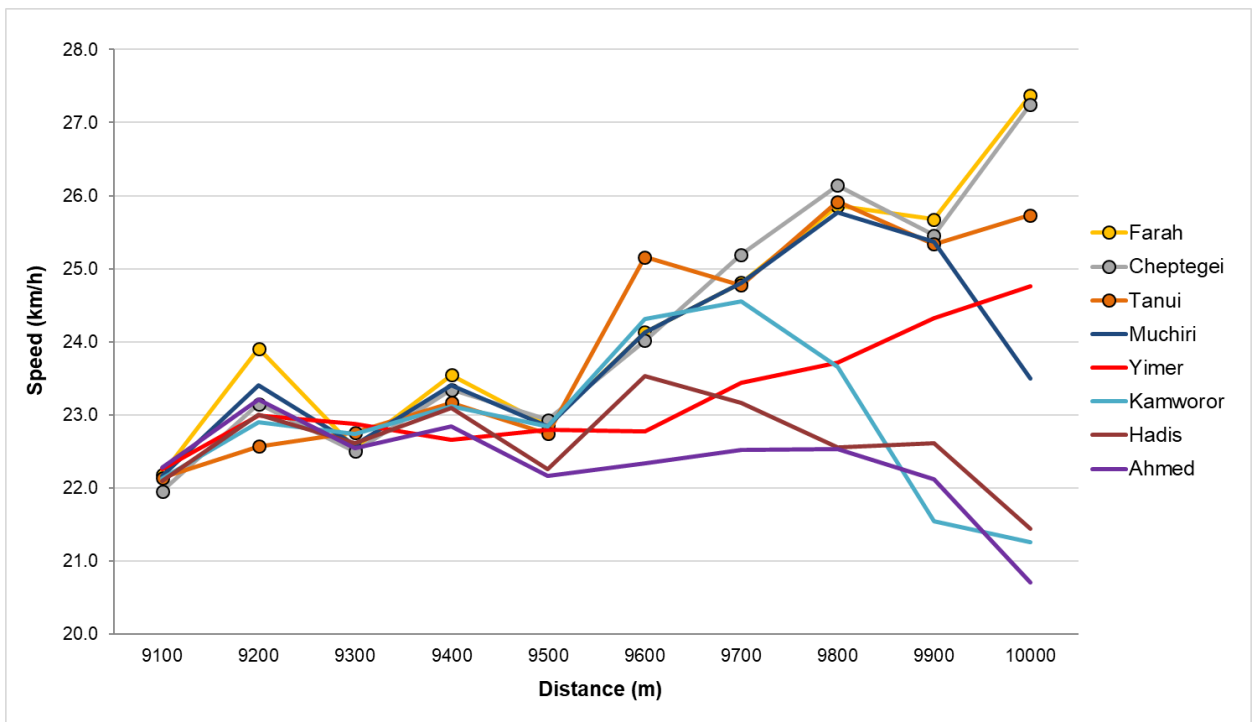


Figure 5. The mean speeds for each 100 m segment during the last 1000 m for the top eight finishers.

Figure 6 shows the mean values for spatiotemporal variables of the top eight athletes during Lap 15, whereas Table 4 shows the values for each individual runner (standing height data were not available for Yimer).

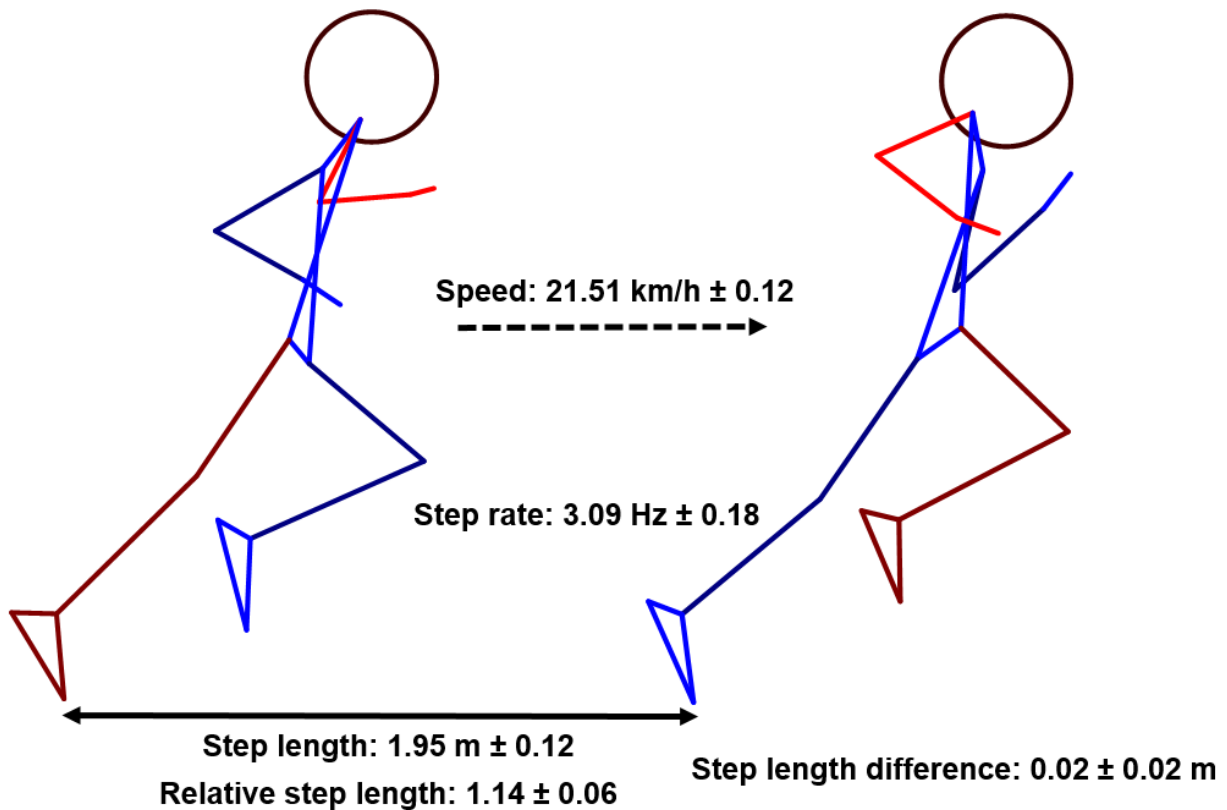


Figure 6. Mean running speed and spatiotemporal variables measured during Lap 15. Step length was measured as a percentage of standing height for seven of the eight athletes.

Table 4. Speed and spatiotemporal values (Lap 15).

	Speed (km/h)	Step length (m)	Relative step length	Step length difference (m)	Step rate (Hz)
FARAH	21.74	2.09	1.22	0.06	2.89
CHEPTEGEI	21.42	1.95	1.09	0.01	3.04
TANUI	21.35	1.93	1.12	-0.02	3.07
MUCHIRI	21.53	1.75	1.04	0.02	3.44
YIMER	21.59	1.84	-	-0.03	3.23
KAMWOROR	21.46	1.93	1.15	0.00	3.09
HADIS	21.57	1.98	1.16	0.05	3.07
AHMED	21.46	2.09	1.20	0.01	2.85

Figure 7 shows the speed, step length and step rate for each of the three medallists on the home straight of laps 5, 10, 15, 20 and 25; Table 5 summarises the step length characteristics during each of these laps.

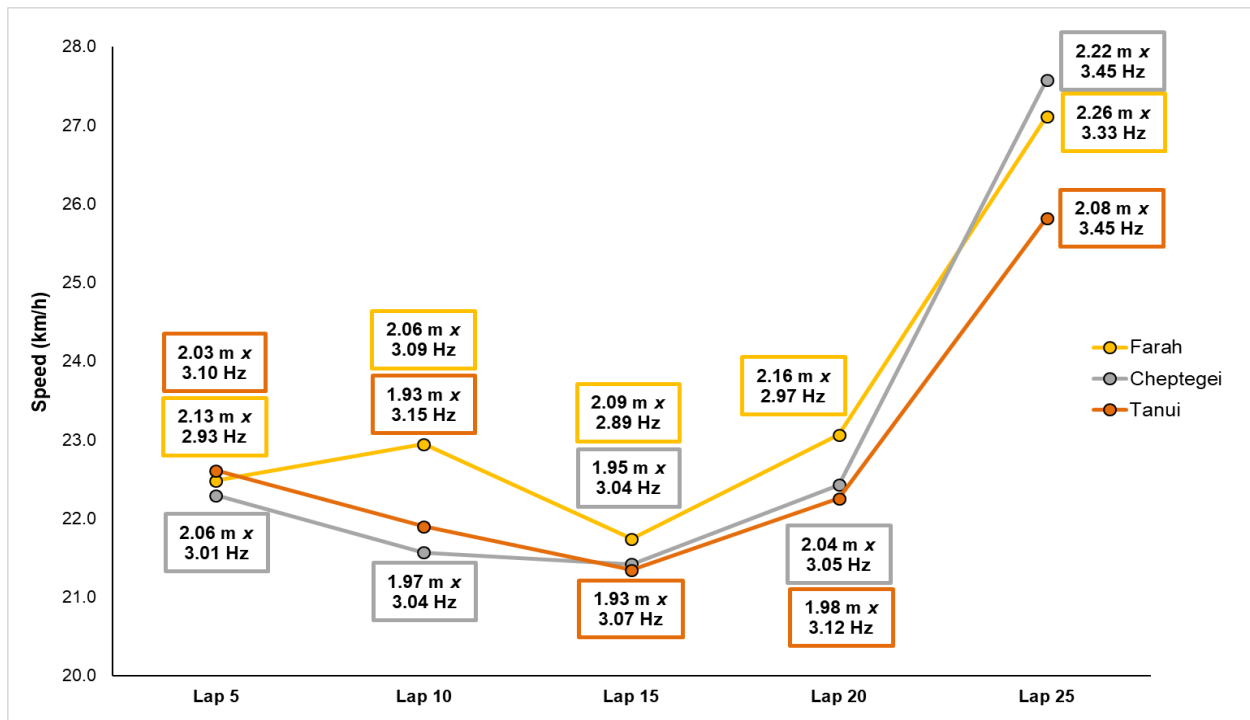


Figure 7. Speed, step length and step rate for the three medallists at each measurement distance.

Table 5. Step length characteristics during the race (medallists).

		Lap 5	Lap 10	Lap 15	Lap 20	Lap 25
FARAH	Relative step length	1.25	1.21	1.22	1.26	1.32
	Step length difference (m)	0.02	0.01	0.06	0.05	0.00
CHEPTEGEI	Relative step length	1.15	1.10	1.09	1.14	1.24
	Step length difference (m)	0.10	-0.03	0.01	0.00	0.06
TANUI	Relative step length	1.18	1.12	1.12	1.15	1.21
	Step length difference (m)	0.03	0.01	-0.02	-0.04	0.08

Figures 8 and 9 show the contributions of contact time and flight time (absolute values and percentages, respectively) for the top eight athletes during Lap 15. Figures 10 – 12 show the contributions of contact time (absolute time) for the medallists on the back straight of laps 5, 10, 15, 20 and 25.

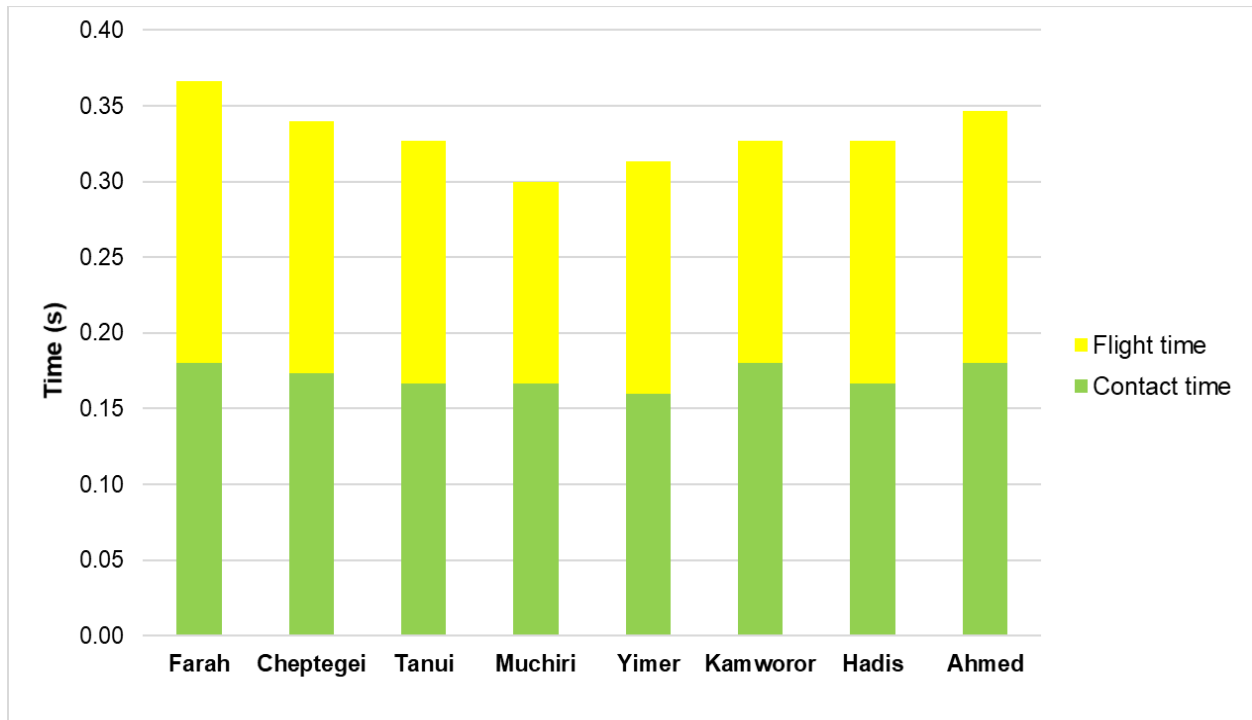


Figure 8. Contact and flight times for each of the top eight finishers (Lap 15).

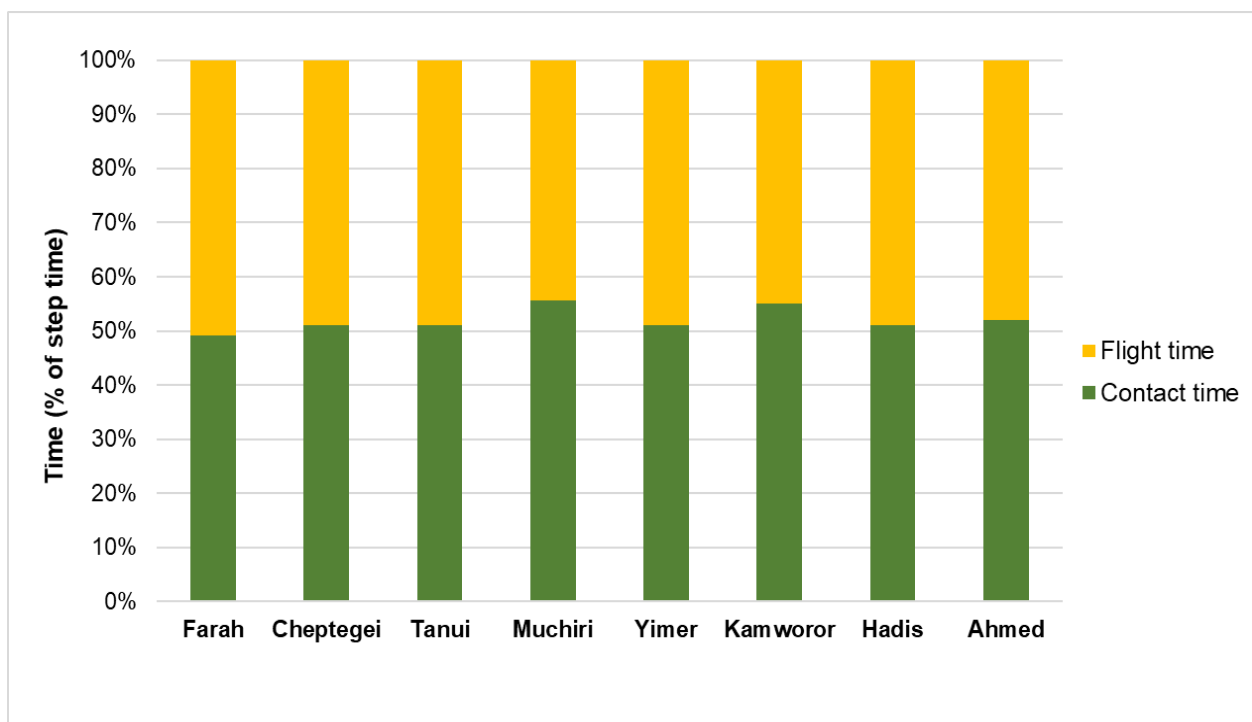


Figure 9. Contact and flight times as percentages of step time for each of the top eight finishers (Lap 15).

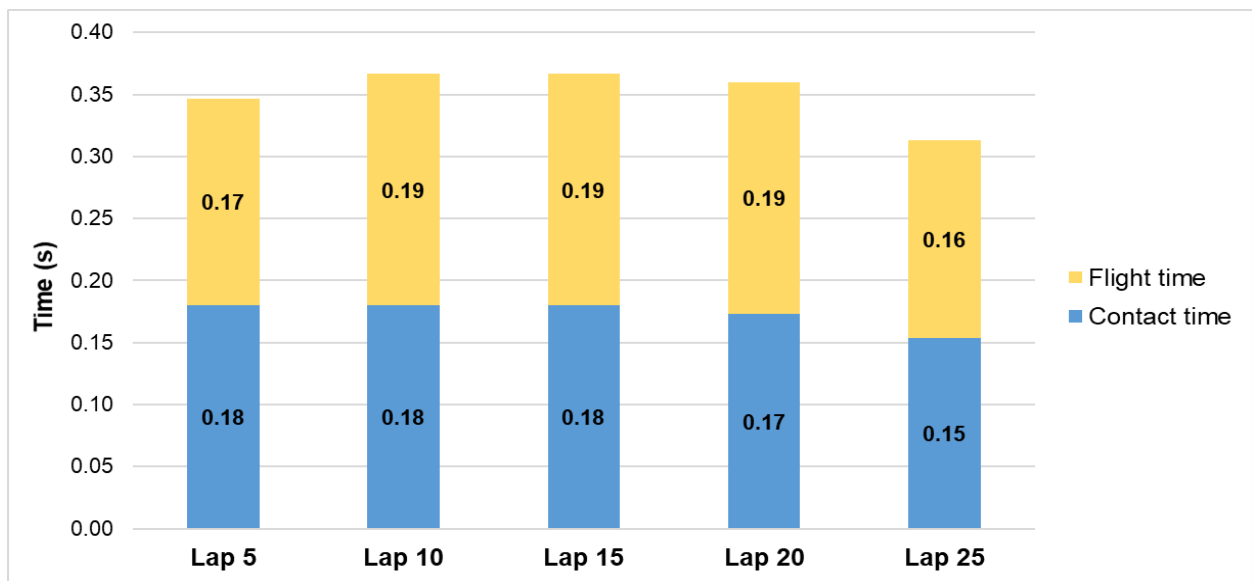


Figure 10. Contact and flight times measured during the race for Farah.

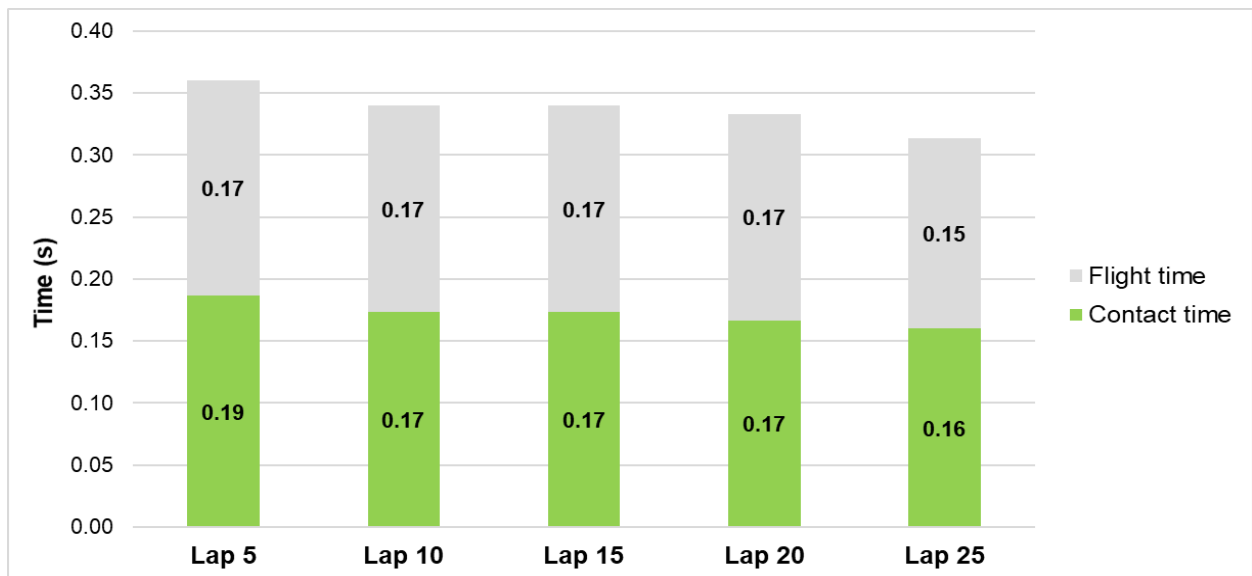


Figure 11. Contact and flight times measured during the race for Cheptegei.

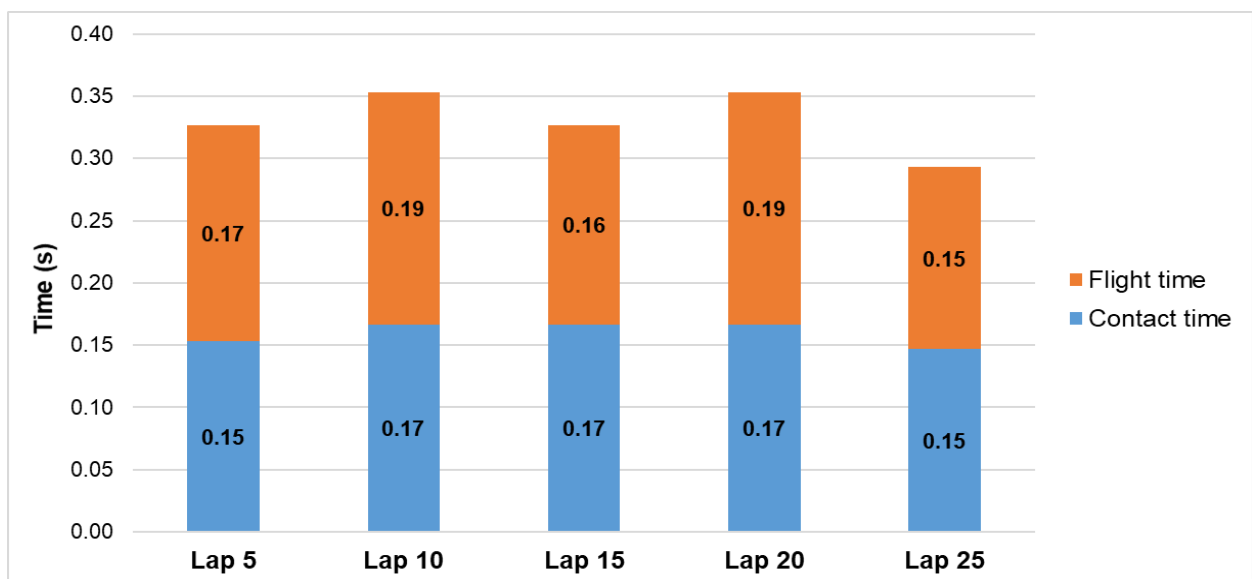


Figure 12. Contact and flight times measured during the race for Tanui.

Figure 13 shows the mean values for joint angular data of the top eight athletes during Lap 15, whereas Tables 6 and 7 show each individual's values (it was not possible to analyse Ahmed).

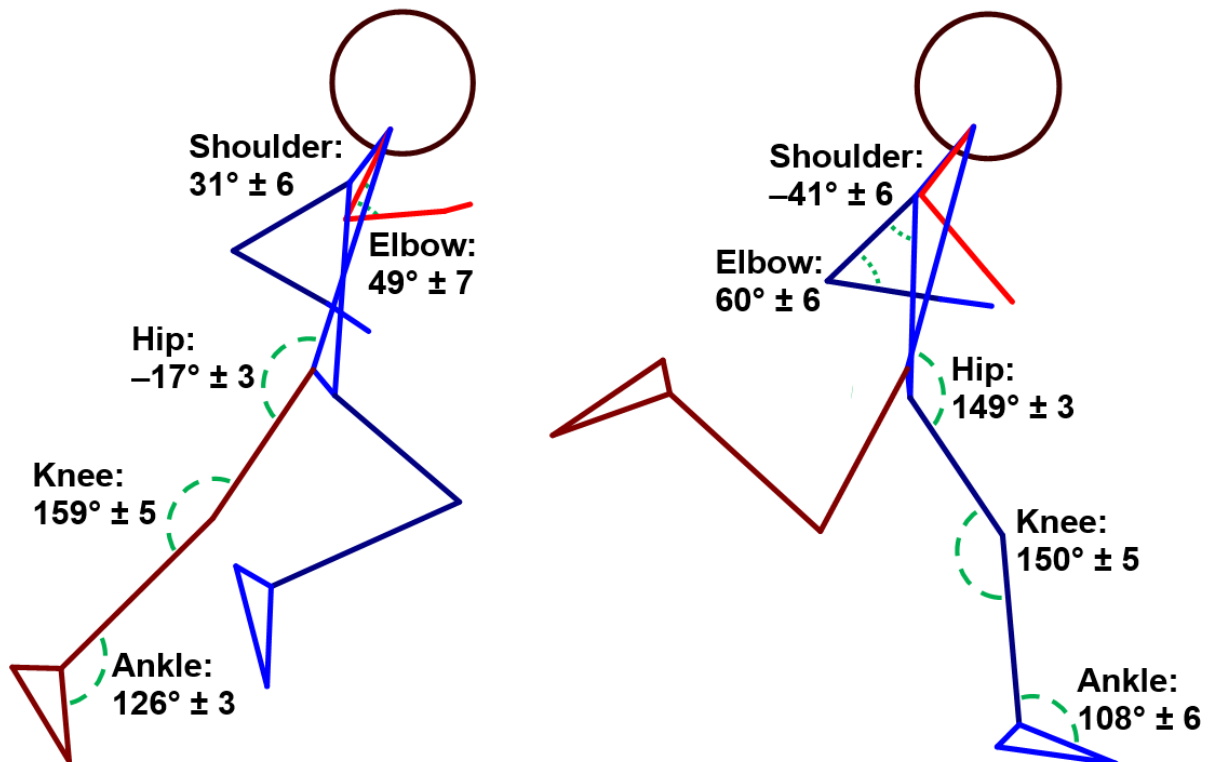


Figure 13. Mean joint angles at toe-off (left) and initial contact (right) (Lap 15).

Table 6. Joint angle values at toe-off (Lap 15).

	Hip (°)	Knee (°)	Ankle (°)	Shoulder (°)	Elbow (°)
FARAH	-23	168	129	32	48
CHEPTEGEI	-16	163	125	33	51
TANUI	-20	160	123	24	41
MUCHIRI	-14	155	127	31	43
YIMER	-14	152	122	28	52
KAMWOROR	-13	158	130	44	47
HADIS	-14	156	131	28	61
AHMED	-	-	-	-	-

Table 7. Joint angle values at initial contact (Lap 15).

	Hip (°)	Knee (°)	Ankle (°)	Shoulder (°)	Elbow (°)
FARAH	150	149	107	-32	61
CHEPTEGEI	148	150	110	-48	56
TANUI	154	155	113	-39	60
MUCHIRI	153	145	104	-44	65
YIMER	147	150	101	-36	50
KAMWOROR	145	147	105	-46	67
HADIS	149	159	117	-42	65
AHMED	-	-	-	-	-

Tables 8, 9 and 10 show the values for joint angles at toe-off for the medallists during Laps 5, 10, 15, 20 and 25, as well as the mean of these values.

Table 8. Joint angle values at toe-off for Farah.

	Hip (°)	Knee (°)	Ankle (°)	Shoulder (°)	Elbow (°)
Lap 5	-20	164	125	28	45
Lap 10	-19	164	125	35	48
Lap 15	-23	168	129	32	48
Lap 20	-24	165	128	33	46
Lap 25	-25	165	125	37	41
Mean	-22	165	126	33	45

Table 9. Joint angle values at toe-off for Cheptegei.

	Hip (°)	Knee (°)	Ankle (°)	Shoulder (°)	Elbow (°)
Lap 5	-20	164	124	30	51
Lap 10	-20	162	120	34	44
Lap 15	-16	163	125	33	51
Lap 20	-17	160	129	33	39
Lap 25	-19	165	121	43	52
Mean	-18	163	124	34	47

Table 10. Joint angle values at toe-off for Tanui.

	Hip (°)	Knee (°)	Ankle (°)	Shoulder (°)	Elbow (°)
Lap 5	-15	158	117	19	50
Lap 10	-18	156	118	29	51
Lap 15	-20	160	123	24	41
Lap 20	-21	160	123	25	47
Lap 25	-17	157	120	36	56
Mean	-18	158	120	27	49

Tables 11, 12 and 13 show the values for joint angles at initial contact for the medallists during Laps 5, 10, 15, 20 and 25, as well as the mean of these values.

Table 11. Joint angle values at initial contact for Farah.

	Hip (°)	Knee (°)	Ankle (°)	Shoulder (°)	Elbow (°)
Lap 5	149	144	102	-36	61
Lap 10	145	148	110	-45	47
Lap 15	150	149	107	-32	61
Lap 20	146	147	107	-41	58
Lap 25	148	146	105	-39	80
Mean	147	147	106	-38	61

Table 12. Joint angle values at initial contact for Cheptegei.

	Hip (°)	Knee (°)	Ankle (°)	Shoulder (°)	Elbow (°)
Lap 5	141	147	110	-45	51
Lap 10	148	149	109	-42	57
Lap 15	148	150	110	-48	56
Lap 20	141	147	109	-42	53
Lap 25	144	145	106	-50	87
Mean	144	147	108	-45	60

Table 13. Joint angle values at initial contact for Tanui.

	Hip (°)	Knee (°)	Ankle (°)	Shoulder (°)	Elbow (°)
Lap 5	153	158	114	-40	71
Lap 10	151	153	109	-36	67
Lap 15	154	155	113	-39	60
Lap 20	152	151	107	-37	67
Lap 25	149	148	110	-34	71
Mean	152	153	110	-37	67

COACH'S COMMENTARY

The men's 10,000 m presents an interesting picture because the speed is relatively constant for the majority of the race. There are slight variations, but no major changes of pace until the very end of the race. What this allows us to do is to get a snapshot of how individuals fatigue and change speeds.

Running mechanics provide a window into the fatigue of an athlete. Even during the first 20 laps, with the pace changing very little, we'd expect to see some mechanical shifts as the athletes compensate for an increased effort to maintain that speed. What normally happens as an athlete tires is that he or she starts compensating. We would expect to see larger shifts in joint angles or step length and frequency. But if we look at the data, the majority of our athletes show remarkably similar numbers from lap 5 to lap 20. There are slight individual variations, but no dramatic shifts.

What that likely means is that even with the pace being relatively fast for these athletes (around 27:10 pace for most of it), they were showing very little signs of fatigue from a mechanical standpoint. That means the quick pace was either likely doing little damage to the top contenders, or world-class athletes are remarkably good at holding their running mechanics together under mounting fatigue.

With the athletes increasing their speed over lap 25, we can see clear changes in step length and frequency. Farah, for instance, goes from 2.16 m and 2.97 Hz to 2.26 m and 3.33 Hz on lap 25. With our three medallists, we can see that they all show increases in step length and step frequency. Previous research at the Osaka World Championships showed that the three medallists had preferential styles, with some increasing step length to a larger degree than step frequency, or vice versa. In this race, all athletes showed significant increases in both (Table 14), with the silver medallist, Cheptegei, showing the largest changes.

Table 14. Increases in step length and step frequency from lap 20 to lap 25.

	Change in step length (m)	Change in step frequency (Hz)
FARAH	0.10	0.36
CHEPTEGEI	0.18	0.40
TANUI	0.10	0.33

If we dig deeper into what changes occurred with this increased speed, the obvious shift is in the shoulder and elbow joint angles. Cheptegei and Tanui see large increases in both on lap 25 at toe-off, while Cheptegei also has a large increase at initial contact. Farah, on the other hand, has remarkably similar upper body joint angles as he increases speed. Although we don't have the

data, Farah likely rotates his shoulder and elbow more quickly than others, instead of increasing the angular displacement.

From a coaching perspective, these data point to the value of teaching and cueing proper upper body mechanics, and in particular analysing the upper body movement and arm swing during the final lap. Athletes are often told to “drive their arms,” but what this exactly means and how it differs for each person is important. And is it even the right cue to give (i.e., perhaps the upper body movement is a result of the lower limb movement)?

What the data do show is that to reach the medal podium, athletes need to have the capacity to reach the final laps with minimal signs of fatigue from a mechanical standpoint. Unlike sub-elite or well-trained athletes, the men in the 10,000 m at the world championships showed very few early signs of mechanical change, despite running at a low 27-minute 10,000 m pace for the majority of the race. That means, the first prerequisite is that athletes need to have the engine to get to the final kilometre with minimal signs of fatigue.

Only once this is accomplished can we start worrying about putting the finishing touches on the athlete so that he can compete for a medal. Over the final lap, the data clearly show that the athlete needs to have the skills to rapidly increase both their step length and frequency. We’ve seen that how this is accomplished can vary, but the capacity to do so is necessary. Once the engine to get the athlete to this point is built, it would be wise for coaches to spend time teaching and working on how to change pace, knowing that each athlete will have their own slightly unique way to do so.

CONTRIBUTORS

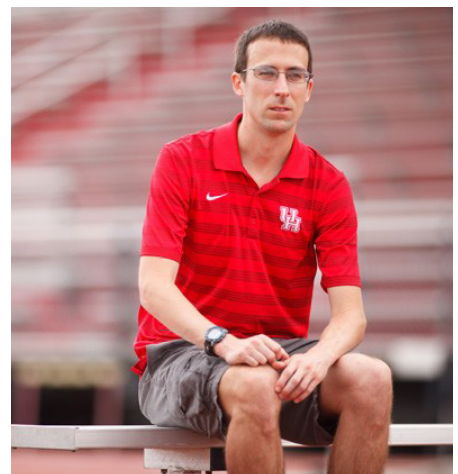
Dr Brian Hanley is a Senior Lecturer in Sport and Exercise Biomechanics. Brian's particular research interests are in the area of elite athletics, especially race walking and distance running, as well as the pacing profiles adopted by endurance athletes. He is also interested in musculotendon profiling of athletes to appreciate internal limiting and contributing factors affecting performance, in addition to longitudinal studies measuring the technical development of junior athletes as they progress to become senior athletes.



Dr Athanassios Bissas is the Head of the Biomechanics Department in the Carnegie School of Sport at Leeds Beckett University. His research includes a range of topics but his main expertise is in the areas of biomechanics of sprint running, neuromuscular adaptations to resistance training, and measurement and evaluation of strength and power. Dr Bissas has supervised a vast range of research projects whilst having a number of successful completions at PhD level. Together with his team he has produced over 100 research outputs and he is actively involved in research projects with institutions across Europe.



Steve Magness is a performance coach, author and lecturer. He currently serves as a coach to almost 20 professional runners, is the Head Cross Country coach at the University of Houston and a Lecturer of Strength and Conditioning at St. Mary's University, UK. In addition, he has served a consultant or executive coach to high performers in a variety of business fields. Steve is also the author of the books *Peak Performance* and *The Science of Running*.



APPENDIX

954	Farah, Mohamed (GBR)										Posn. 1
	100m	200m	300m	400m	500m	600m	700m	800m	900m	1000m	
Race Time	16.37	31.60	47.39	1:03.13	1:19.51	1:35.93	1:52.69	2:08.94	2:25.78	2:42.14	
100m	16.37	15.23	15.79	15.74	16.38	16.42	16.76	16.25	16.84	16.36	
400m				1:03.13				1:05.81			
1000m											2:42.14
	1100m	1200m	1300m	1400m	1500m	1600m	1700m	1800m	1900m	2000m	
Race Time	2:59.17	3:15.46	3:32.60	3:49.08	4:06.20	4:22.84	4:39.89	4:55.89	5:12.44	5:28.33	
100m	17.03	16.29	17.14	16.48	17.12	16.64	17.05	16.00	16.55	15.89	
400m		1:06.52				1:07.38					1:05.49
1000m											2:46.19
	2100m	2200m	2300m	2400m	2500m	2600m	2700m	2800m	2900m	3000m	
Race Time	5:44.75	6:01.06	6:17.22	6:33.30	6:49.81	7:05.93	7:22.39	7:38.70	7:55.50	8:11.53	
100m	16.42	16.31	16.16	16.08	16.51	16.12	16.46	16.31	16.80	16.03	
400m				1:04.97				1:05.40			
1000m											2:43.20
	3100m	3200m	3300m	3400m	3500m	3600m	3700m	3800m	3900m	4000m	
Race Time	8:27.90	8:44.08	9:00.56	9:16.53	9:33.30	9:49.31	10:06.22	10:22.41	10:38.84	10:53.99	
100m	16.37	16.18	16.48	15.97	16.77	16.01	16.91	16.19	16.43	15.15	
400m		1:05.38				1:05.23					1:04.68
1000m											2:42.46
	4100m	4200m	4300m	4400m	4500m	4600m	4700m	4800m	4900m	5000m	
Race Time	11:09.83	11:26.20	11:43.25	12:00.08	12:16.93	12:33.68	12:49.76	13:05.23	13:20.79	13:36.20	
100m	15.84	16.37	17.05	16.83	16.85	16.75	16.08	15.47	15.56	15.41	
400m				1:06.09				1:05.15			
1000m											2:42.21
	5100m	5200m	5300m	5400m	5500m	5600m	5700m	5800m	5900m	6000m	
Race Time	13:51.98	14:07.46	14:23.06	14:38.79	14:55.19	15:11.91	15:28.73	15:44.57	16:01.62	16:18.25	
100m	15.78	15.48	15.60	15.73	16.40	16.72	16.82	15.84	17.05	16.63	
400m		1:02.23				1:04.45					1:06.34
1000m											2:42.05
	6100m	6200m	6300m	6400m	6500m	6600m	6700m	6800m	6900m	7000m	
Race Time	16:34.83	16:51.15	17:07.90	17:24.10	17:40.66	17:57.11	18:13.86	18:30.12	18:46.56	19:02.78	
100m	16.58	16.32	16.75	16.20	16.56	16.45	16.75	16.26	16.44	16.22	
400m				1:05.85				1:06.02			
1000m											2:44.53
	7100m	7200m	7300m	7400m	7500m	7600m	7700m	7800m	7900m	8000m	
Race Time	19:19.08	19:34.92	19:51.10	20:06.79	20:22.67	20:38.25	20:54.34	21:09.84	21:25.93	21:41.66	
100m	16.30	15.84	16.18	15.69	15.88	15.58	16.09	15.50	16.09	15.73	
400m		1:04.80				1:03.33					1:03.41
1000m											2:38.88
	8100m	8200m	8300m	8400m	8500m	8600m	8700m	8800m	8900m	9000m	
Race Time	21:57.50	22:13.17	22:29.13	22:44.59	23:00.86	23:16.59	23:32.77	23:48.79	24:05.05	24:20.69	
100m	15.84	15.67	15.96	15.46	16.27	15.73	16.18	16.02	16.26	15.64	
400m				1:02.93				1:04.20			
1000m											2:39.03
	9100m	9200m	9300m	9400m	9500m	9600m	9700m	9800m	9900m	10000m	
Race Time	24:36.92	24:51.98	25:07.95	25:23.24	25:38.99	25:53.91	26:08.42	26:22.34	26:36.36	26:49.51	
100m	16.23	15.06	15.97	15.29	15.75	14.92	14.51	13.92	14.02	13.15	
400m		1:03.19				1:01.93					55.60
1000m											2:28.82

1356		Cheptegei, Joshua Kiprui (UGA)									Posn. 2
		100m	200m	300m	400m	500m	600m	700m	800m	900m	1000m
Race Time		15.26	29.74	45.25	1:01.04	1:16.93	1:32.83	1:49.26	2:05.97	2:22.83	2:39.48
100m		15.26	14.48	15.51	15.79	15.89	15.90	16.43	16.71	16.86	16.65
400m					1:01.04				1:04.93		
1000m											2:39.48
		1100m	1200m	1300m	1400m	1500m	1600m	1700m	1800m	1900m	2000m
Race Time		2:56.42	3:13.36	3:30.07	3:46.79	4:03.78	4:20.61	4:37.18	4:53.31	5:09.72	5:25.76
100m		16.94	16.94	16.71	16.72	16.99	16.83	16.57	16.13	16.41	16.04
400m			1:07.39				1:07.25				1:05.15
1000m											2:46.28
		2100m	2200m	2300m	2400m	2500m	2600m	2700m	2800m	2900m	3000m
Race Time		5:42.01	5:58.32	6:14.50	6:30.92	6:46.96	7:03.23	7:19.87	7:36.60	7:52.93	8:09.13
100m		16.25	16.31	16.18	16.42	16.04	16.27	16.64	16.73	16.33	16.20
400m					1:05.16				1:05.68		
1000m											2:43.37
		3100m	3200m	3300m	3400m	3500m	3600m	3700m	3800m	3900m	4000m
Race Time		8:25.61	8:41.85	8:58.09	9:14.34	9:30.72	9:47.14	10:03.74	10:20.78	10:37.91	10:53.80
100m		16.48	16.24	16.24	16.25	16.38	16.42	16.60	17.04	17.13	15.89
400m			1:05.25				1:05.29				1:06.66
1000m											2:44.67
		4100m	4200m	4300m	4400m	4500m	4600m	4700m	4800m	4900m	5000m
Race Time		11:09.14	11:25.95	11:43.00	11:59.80	12:16.57	12:33.36	12:48.78	13:04.12	13:19.63	13:34.94
100m		15.34	16.81	17.05	16.80	16.77	16.79	15.42	15.34	15.51	15.31
400m					1:06.00				1:04.32		
1000m											2:41.14
		5100m	5200m	5300m	5400m	5500m	5600m	5700m	5800m	5900m	6000m
Race Time		13:50.68	14:05.96	14:21.71	14:37.58	14:54.40	15:11.29	15:28.20	15:44.52	16:01.43	16:18.02
100m		15.74	15.28	15.75	15.87	16.82	16.89	16.91	16.32	16.91	16.59
400m			1:01.84				1:05.33				1:06.73
1000m											2:43.08
		6100m	6200m	6300m	6400m	6500m	6600m	6700m	6800m	6900m	7000m
Race Time		16:34.51	16:50.82	17:07.61	17:23.81	17:39.99	17:56.47	18:13.37	18:29.82	18:46.70	19:02.21
100m		16.49	16.31	16.79	16.20	16.18	16.48	16.90	16.45	16.88	15.51
400m					1:05.79				1:06.01		
1000m											2:44.19
		7100m	7200m	7300m	7400m	7500m	7600m	7700m	7800m	7900m	8000m
Race Time		19:18.28	19:34.42	19:50.25	20:05.96	20:21.73	20:37.56	20:53.41	21:09.16	21:25.12	21:40.98
100m		16.07	16.14	15.83	15.71	15.77	15.83	15.85	15.75	15.96	15.86
400m			1:04.60				1:03.14				1:03.42
1000m											2:38.77
		8100m	8200m	8300m	8400m	8500m	8600m	8700m	8800m	8900m	9000m
Race Time		21:56.89	22:12.47	22:28.53	22:44.99	23:01.11	23:16.99	23:33.08	23:48.90	24:04.77	24:20.47
100m		15.91	15.58	16.06	16.46	16.12	15.88	16.09	15.82	15.87	15.70
400m					1:04.01				1:03.91		
1000m											2:39.49
		9100m	9200m	9300m	9400m	9500m	9600m	9700m	9800m	9900m	10000m
Race Time		24:36.87	24:52.42	25:08.42	25:23.84	25:39.54	25:54.53	26:08.82	26:22.59	26:36.73	26:49.94
100m		16.40	15.55	16.00	15.42	15.70	14.99	14.29	13.77	14.14	13.21
400m			1:03.52				1:02.11				55.41
1000m											2:29.47

1148	Tanui, Paul Kipnetich (KEN)										Posn. 3
	100m	200m	300m	400m	500m	600m	700m	800m	900m	1000m	
Race Time	16.56	32.04	48.59	1:03.66	1:19.34	1:35.01	1:51.27	2:07.25	2:23.54	2:40.19	
100m	16.56	15.48	16.55	15.07	15.68	15.67	16.26	15.98	16.29	16.65	
400m				1:03.66				1:03.59			
1000m										2:40.19	
	1100m	1200m	1300m	1400m	1500m	1600m	1700m	1800m	1900m	2000m	
Race Time	2:57.00	3:13.83	3:30.48	3:47.20	4:04.22	4:21.00	4:37.44	4:53.55	5:09.96	5:26.04	
100m	16.81	16.83	16.65	16.72	17.02	16.78	16.44	16.11	16.41	16.08	
400m		1:06.58				1:07.17				1:05.04	
1000m										2:45.85	
	2100m	2200m	2300m	2400m	2500m	2600m	2700m	2800m	2900m	3000m	
Race Time	5:42.26	5:58.63	6:14.80	6:31.16	6:47.59	7:03.67	7:20.30	7:37.08	7:53.40	8:09.50	
100m	16.22	16.37	16.17	16.36	16.43	16.08	16.63	16.78	16.32	16.10	
400m				1:05.12				1:05.92			
1000m										2:43.46	
	3100m	3200m	3300m	3400m	3500m	3600m	3700m	3800m	3900m	4000m	
Race Time	8:26.05	8:42.34	8:58.54	9:14.76	9:31.15	9:47.58	10:04.17	10:20.46	10:37.41	10:54.14	
100m	16.55	16.29	16.20	16.22	16.39	16.43	16.59	16.29	16.95	16.73	
400m		1:05.26				1:05.24				1:06.56	
1000m										2:44.64	
	4100m	4200m	4300m	4400m	4500m	4600m	4700m	4800m	4900m	5000m	
Race Time	11:10.25	11:26.69	11:43.87	12:00.59	12:17.53	12:33.20	12:48.82	13:03.70	13:19.08	13:34.41	
100m	16.11	16.44	17.18	16.72	16.94	15.67	15.62	14.88	15.38	15.33	
400m				1:06.45				1:03.11			
1000m										2:40.27	
	5100m	5200m	5300m	5400m	5500m	5600m	5700m	5800m	5900m	6000m	
Race Time	13:49.97	14:05.42	14:21.19	14:37.09	14:53.96	15:10.79	15:27.60	15:44.17	16:00.96	16:17.68	
100m	15.56	15.45	15.77	15.90	16.87	16.83	16.81	16.57	16.79	16.72	
400m		1:01.72				1:05.37				1:06.89	
1000m										2:43.27	
	6100m	6200m	6300m	6400m	6500m	6600m	6700m	6800m	6900m	7000m	
Race Time	16:33.91	16:50.28	17:07.03	17:23.60	17:40.06	17:56.79	18:13.62	18:29.36	18:45.87	19:02.50	
100m	16.23	16.37	16.75	16.57	16.46	16.73	16.83	15.74	16.51	16.63	
400m				1:05.92				1:05.76			
1000m										2:44.82	
	7100m	7200m	7300m	7400m	7500m	7600m	7700m	7800m	7900m	8000m	
Race Time	19:18.71	19:34.93	19:50.93	20:06.57	20:22.32	20:38.08	20:54.03	21:09.37	21:25.55	21:41.53	
100m	16.21	16.22	16.00	15.64	15.75	15.76	15.95	15.34	16.18	15.98	
400m		1:05.57				1:03.15				1:03.45	
1000m										2:39.03	
	8100m	8200m	8300m	8400m	8500m	8600m	8700m	8800m	8900m	9000m	
Race Time	21:57.36	22:12.91	22:28.91	22:45.28	23:01.45	23:16.65	23:32.38	23:48.57	24:04.44	24:20.27	
100m	15.83	15.55	16.00	16.37	16.17	15.20	15.73	16.19	15.87	15.83	
400m				1:03.75				1:03.29			
1000m										2:38.74	
	9100m	9200m	9300m	9400m	9500m	9600m	9700m	9800m	9900m	10000m	
Race Time	24:36.53	24:52.48	25:08.30	25:23.84	25:39.67	25:53.98	26:08.51	26:22.40	26:36.61	26:50.60	
100m	16.26	15.95	15.82	15.54	15.83	14.31	14.53	13.89	14.21	13.99	
400m		1:03.91				1:01.50				56.62	
1000m										2:30.33	

1142	Muchiri, Bedan Karoki (KEN)										Posn. 4
	100m	200m	300m	400m	500m	600m	700m	800m	900m	1000m	
Race Time	15.44	30.55	46.08	1:02.14	1:18.50	1:35.17	1:51.72	2:08.03	2:24.40	2:41.13	
100m	15.44	15.11	15.53	16.06	16.36	16.67	16.55	16.31	16.37	16.73	
400m				1:02.14				1:05.89			
1000m										2:41.13	
	1100m	1200m	1300m	1400m	1500m	1600m	1700m	1800m	1900m	2000m	
Race Time	2:58.03	3:14.76	3:31.57	3:48.24	4:05.25	4:22.10	4:38.89	4:54.92	5:11.89	5:27.97	
100m	16.90	16.73	16.81	16.67	17.01	16.85	16.79	16.03	16.97	16.08	
400m		1:06.73				1:07.34				1:05.87	
1000m										2:46.84	
	2100m	2200m	2300m	2400m	2500m	2600m	2700m	2800m	2900m	3000m	
Race Time	5:44.23	6:00.52	6:16.71	6:32.88	6:49.35	7:05.34	7:21.92	7:38.37	7:54.99	8:11.21	
100m	16.26	16.29	16.19	16.17	16.47	15.99	16.58	16.45	16.62	16.22	
400m				1:04.91				1:05.49			
1000m										2:43.24	
	3100m	3200m	3300m	3400m	3500m	3600m	3700m	3800m	3900m	4000m	
Race Time	8:27.99	8:44.14	9:00.74	9:16.27	9:33.04	9:49.10	10:05.94	10:22.20	10:39.23	10:54.16	
100m	16.78	16.15	16.60	15.53	16.77	16.06	16.84	16.26	17.03	14.93	
400m		1:05.77				1:04.96				1:05.06	
1000m										2:42.95	
	4100m	4200m	4300m	4400m	4500m	4600m	4700m	4800m	4900m	5000m	
Race Time	11:10.05	11:26.43	11:43.51	12:00.28	12:17.19	12:33.13	12:47.90	13:03.18	13:18.56	13:33.74	
100m	15.89	16.38	17.08	16.77	16.91	15.94	14.77	15.28	15.38	15.18	
400m				1:06.12				1:02.90			
1000m										2:39.58	
	5100m	5200m	5300m	5400m	5500m	5600m	5700m	5800m	5900m	6000m	
Race Time	13:49.28	14:04.84	14:20.37	14:36.75	14:54.37	15:11.45	15:28.40	15:44.80	16:01.64	16:18.11	
100m	15.54	15.56	15.53	16.38	17.62	17.08	16.95	16.40	16.84	16.47	
400m		1:01.66				1:06.61				1:06.66	
1000m										2:44.37	
	6100m	6200m	6300m	6400m	6500m	6600m	6700m	6800m	6900m	7000m	
Race Time	16:34.57	16:50.94	17:07.47	17:23.80	17:40.26	17:56.93	18:13.56	18:30.09	18:46.69	19:03.11	
100m	16.46	16.37	16.53	16.33	16.46	16.67	16.63	16.53	16.60	16.42	
400m				1:05.69				1:06.29			
1000m										2:45.00	
	7100m	7200m	7300m	7400m	7500m	7600m	7700m	7800m	7900m	8000m	
Race Time	19:19.51	19:35.32	19:51.30	20:06.66	20:22.41	20:38.02	20:54.06	21:09.67	21:25.90	21:41.72	
100m	16.40	15.81	15.98	15.36	15.75	15.61	16.04	15.61	16.23	15.82	
400m		1:05.23				1:02.70				1:03.70	
1000m										2:38.61	
	8100m	8200m	8300m	8400m	8500m	8600m	8700m	8800m	8900m	9000m	
Race Time	21:57.50	22:13.09	22:29.00	22:44.95	23:01.22	23:16.80	23:32.83	23:48.69	24:04.91	24:20.51	
100m	15.78	15.59	15.91	15.95	16.27	15.58	16.03	15.86	16.22	15.60	
400m				1:03.23				1:03.74			
1000m										2:38.79	
	9100m	9200m	9300m	9400m	9500m	9600m	9700m	9800m	9900m	10000m	
Race Time	24:36.75	24:52.13	25:08.07	25:23.45	25:39.21	25:54.13	26:08.64	26:22.61	26:36.80	26:52.12	
100m	16.24	15.38	15.94	15.38	15.76	14.92	14.51	13.97	14.19	15.32	
400m		1:03.44				1:02.00				57.99	
1000m										2:31.61	

908	Yimer, Jemal (ETH)										Posn. 5
	100m	200m	300m	400m	500m	600m	700m	800m	900m	1000m	
Race Time	16.32	31.69	47.62	1:03.25	1:19.62	1:36.06	1:52.87	2:08.91	2:25.50	2:41.89	
100m	16.32	15.37	15.93	15.63	16.37	16.44	16.81	16.04	16.59	16.39	
400m				1:03.25				1:05.66			
1000m											2:41.89
	1100m	1200m	1300m	1400m	1500m	1600m	1700m	1800m	1900m	2000m	
Race Time	2:58.88	3:14.34	3:30.63	3:47.34	4:04.40	4:21.11	4:38.00	4:54.35	5:11.28	5:27.13	
100m	16.99	15.46	16.29	16.71	17.06	16.71	16.89	16.35	16.93	15.85	
400m		1:05.43				1:06.77					1:06.02
1000m											2:45.24
	2100m	2200m	2300m	2400m	2500m	2600m	2700m	2800m	2900m	3000m	
Race Time	5:43.38	5:59.59	6:15.75	6:31.72	6:48.24	7:04.31	7:20.96	7:37.63	7:54.32	8:10.32	
100m	16.25	16.21	16.16	15.97	16.52	16.07	16.65	16.67	16.69	16.00	
400m				1:04.59				1:05.91			
1000m											2:43.19
	3100m	3200m	3300m	3400m	3500m	3600m	3700m	3800m	3900m	4000m	
Race Time	8:26.85	8:42.98	8:59.24	9:15.25	9:31.87	9:48.17	10:04.97	10:21.35	10:38.63	10:54.39	
100m	16.53	16.13	16.26	16.01	16.62	16.30	16.80	16.38	17.28	15.76	
400m		1:05.35				1:05.19					1:06.22
1000m											2:44.07
	4100m	4200m	4300m	4400m	4500m	4600m	4700m	4800m	4900m	5000m	
Race Time	11:10.24	11:26.63	11:43.81	12:00.43	12:17.29	12:33.47	12:49.17	13:04.42	13:19.92	13:35.54	
100m	15.85	16.39	17.18	16.62	16.86	16.18	15.70	15.25	15.50	15.62	
400m				1:06.04				1:03.99			
1000m											2:41.15
	5100m	5200m	5300m	5400m	5500m	5600m	5700m	5800m	5900m	6000m	
Race Time	13:51.30	14:06.91	14:22.48	14:38.22	14:54.89	15:11.58	15:28.50	15:44.80	16:01.86	16:18.45	
100m	15.76	15.61	15.57	15.74	16.67	16.69	16.92	16.30	17.06	16.59	
400m		1:02.49				1:04.67					1:06.87
1000m											2:42.91
	6100m	6200m	6300m	6400m	6500m	6600m	6700m	6800m	6900m	7000m	
Race Time	16:35.06	16:51.34	17:08.12	17:24.32	17:40.88	17:57.30	18:14.12	18:30.40	18:46.91	19:03.10	
100m	16.61	16.28	16.78	16.20	16.56	16.42	16.82	16.28	16.51	16.19	
400m				1:05.87				1:06.08			
1000m											2:44.65
	7100m	7200m	7300m	7400m	7500m	7600m	7700m	7800m	7900m	8000m	
Race Time	19:19.63	19:35.46	19:51.77	20:07.28	20:23.46	20:38.74	20:54.69	21:10.03	21:26.34	21:41.86	
100m	16.53	15.83	16.31	15.51	16.18	15.28	15.95	15.34	16.31	15.52	
400m		1:05.06				1:03.28					1:03.12
1000m											2:38.76
	8100m	8200m	8300m	8400m	8500m	8600m	8700m	8800m	8900m	9000m	
Race Time	21:57.70	22:13.37	22:29.29	22:45.46	23:01.70	23:17.41	23:33.37	23:49.17	24:05.47	24:21.16	
100m	15.84	15.67	15.92	16.17	16.24	15.71	15.96	15.80	16.30	15.69	
400m				1:03.60				1:03.71			
1000m											2:39.30
	9100m	9200m	9300m	9400m	9500m	9600m	9700m	9800m	9900m	10000m	
Race Time	24:37.34	24:53.00	25:08.74	25:24.63	25:40.42	25:56.23	26:11.59	26:26.77	26:41.57	26:56.11	
100m	16.18	15.66	15.74	15.89	15.79	15.81	15.36	15.18	14.80	14.54	
400m		1:03.83				1:03.23					59.88
1000m											2:34.95

1130	Kamworor, Geoffrey Kipsang (KEN)										Posn. 6
	100m	200m	300m	400m	500m	600m	700m	800m	900m	1000m	
Race Time	15.40	29.99	45.47	1:01.23	1:17.16	1:33.05	1:49.46	2:06.17	2:23.03	2:39.68	
100m	15.40	14.59	15.48	15.76	15.93	15.89	16.41	16.71	16.86	16.65	
400m				1:01.23				1:04.94			
1000m											2:39.68
	1100m	1200m	1300m	1400m	1500m	1600m	1700m	1800m	1900m	2000m	
Race Time	2:56.67	3:13.57	3:30.26	3:46.95	4:04.01	4:20.74	4:36.86	4:53.02	5:09.39	5:25.45	
100m	16.99	16.90	16.69	16.69	17.06	16.73	16.12	16.16	16.37	16.06	
400m		1:07.40				1:07.17				1:04.71	
1000m											2:45.77
	2100m	2200m	2300m	2400m	2500m	2600m	2700m	2800m	2900m	3000m	
Race Time	5:41.74	5:58.02	6:14.22	6:30.66	6:47.19	7:03.42	7:20.06	7:36.82	7:53.14	8:09.31	
100m	16.29	16.28	16.20	16.44	16.53	16.23	16.64	16.76	16.32	16.17	
400m				1:05.21				1:06.16			
1000m											2:43.86
	3100m	3200m	3300m	3400m	3500m	3600m	3700m	3800m	3900m	4000m	
Race Time	8:25.81	8:42.09	8:58.30	9:14.53	9:30.90	9:47.33	10:03.94	10:20.58	10:37.60	10:54.09	
100m	16.50	16.28	16.21	16.23	16.37	16.43	16.61	16.64	17.02	16.49	
400m		1:05.27				1:05.24				1:06.76	
1000m											2:44.78
	4100m	4200m	4300m	4400m	4500m	4600m	4700m	4800m	4900m	5000m	
Race Time	11:09.51	11:25.85	11:42.72	11:59.55	12:16.32	12:33.09	12:48.21	13:03.41	13:18.84	13:34.18	
100m	15.42	16.34	16.87	16.83	16.77	16.77	15.12	15.20	15.43	15.34	
400m				1:05.46				1:03.86			
1000m											2:40.09
	5100m	5200m	5300m	5400m	5500m	5600m	5700m	5800m	5900m	6000m	
Race Time	13:49.70	14:05.20	14:20.95	14:36.89	14:53.74	15:10.56	15:27.38	15:43.96	16:00.74	16:17.50	
100m	15.52	15.50	15.75	15.94	16.85	16.82	16.82	16.58	16.78	16.76	
400m		1:01.79				1:05.36				1:06.94	
1000m											2:43.32
	6100m	6200m	6300m	6400m	6500m	6600m	6700m	6800m	6900m	7000m	
Race Time	16:34.08	16:50.45	17:07.21	17:23.59	17:39.88	17:56.38	18:13.16	18:29.56	18:46.05	19:02.40	
100m	16.58	16.37	16.76	16.38	16.29	16.50	16.78	16.40	16.49	16.35	
400m				1:06.09				1:05.97			
1000m											2:44.90
	7100m	7200m	7300m	7400m	7500m	7600m	7700m	7800m	7900m	8000m	
Race Time	19:18.47	19:34.65	19:50.48	20:06.18	20:21.93	20:37.81	20:53.64	21:09.42	21:25.35	21:41.23	
100m	16.07	16.18	15.83	15.70	15.75	15.88	15.83	15.78	15.93	15.88	
400m		1:05.09				1:03.16				1:03.42	
1000m											2:38.83
	8100m	8200m	8300m	8400m	8500m	8600m	8700m	8800m	8900m	9000m	
Race Time	21:57.14	22:12.67	22:28.75	22:44.75	23:00.64	23:16.49	23:32.56	23:48.46	24:04.66	24:20.28	
100m	15.91	15.53	16.08	16.00	15.89	15.85	16.07	15.90	16.20	15.62	
400m				1:03.52				1:03.71			
1000m											2:39.05
	9100m	9200m	9300m	9400m	9500m	9600m	9700m	9800m	9900m	10000m	
Race Time	24:36.55	24:52.27	25:08.10	25:23.67	25:39.43	25:54.24	26:08.90	26:24.12	26:40.83	26:57.77	
100m	16.27	15.72	15.83	15.57	15.76	14.81	14.66	15.22	16.71	16.94	
400m		1:03.81				1:01.97				1:03.53	
1000m											2:37.49

898	Hadis, Abadi (ETH)										Posn. 7
	100m	200m	300m	400m	500m	600m	700m	800m	900m	1000m	
Race Time	16.08	30.87	46.59	1:02.57	1:18.99	1:35.53	1:52.39	2:08.10	2:24.58	2:41.24	
100m	16.08	14.79	15.72	15.98	16.42	16.54	16.86	15.71	16.48	16.66	
400m				1:02.57				1:05.53			
1000m											2:41.24
	1100m	1200m	1300m	1400m	1500m	1600m	1700m	1800m	1900m	2000m	
Race Time	2:58.19	3:14.64	3:31.28	3:47.81	4:04.80	4:21.58	4:38.18	4:53.93	5:10.85	5:26.95	
100m	16.95	16.45	16.64	16.53	16.99	16.78	16.60	15.75	16.92	16.10	
400m		1:06.54				1:06.94					1:05.37
1000m											2:45.71
	2100m	2200m	2300m	2400m	2500m	2600m	2700m	2800m	2900m	3000m	
Race Time	5:43.26	5:59.54	6:15.73	6:31.99	6:48.84	7:04.70	7:21.34	7:37.75	7:54.14	8:10.14	
100m	16.31	16.28	16.19	16.26	16.85	15.86	16.64	16.41	16.39	16.00	
400m				1:05.04				1:05.76			
1000m											2:43.19
	3100m	3200m	3300m	3400m	3500m	3600m	3700m	3800m	3900m	4000m	
Race Time	8:26.70	8:42.96	8:59.57	9:15.45	9:32.23	9:47.88	10:04.58	10:21.03	10:38.28	10:54.41	
100m	16.56	16.26	16.61	15.88	16.78	15.65	16.70	16.45	17.25	16.13	
400m		1:05.21				1:04.92					1:06.53
1000m											2:44.27
	4100m	4200m	4300m	4400m	4500m	4600m	4700m	4800m	4900m	5000m	
Race Time	11:10.53	11:26.38	11:43.43	12:00.21	12:17.04	12:33.71	12:49.57	13:04.97	13:20.41	13:35.39	
100m	16.12	15.85	17.05	16.78	16.83	16.67	15.86	15.40	15.44	14.98	
400m				1:05.80				1:04.76			
1000m											2:40.98
	5100m	5200m	5300m	5400m	5500m	5600m	5700m	5800m	5900m	6000m	
Race Time	13:51.11	14:06.32	14:21.96	14:37.75	14:54.54	15:11.11	15:27.97	15:44.35	16:01.25	16:17.83	
100m	15.72	15.21	15.64	15.79	16.79	16.57	16.86	16.38	16.90	16.58	
400m		1:01.35				1:04.79					1:06.72
1000m											2:42.44
	6100m	6200m	6300m	6400m	6500m	6600m	6700m	6800m	6900m	7000m	
Race Time	16:34.27	16:50.58	17:07.35	17:23.69	17:40.06	17:56.64	18:13.46	18:29.83	18:46.32	19:02.57	
100m	16.44	16.31	16.77	16.34	16.37	16.58	16.82	16.37	16.49	16.25	
400m				1:05.86				1:06.14			
1000m											2:44.74
	7100m	7200m	7300m	7400m	7500m	7600m	7700m	7800m	7900m	8000m	
Race Time	19:18.84	19:34.75	19:50.71	20:06.37	20:22.12	20:37.87	20:53.86	21:09.56	21:25.73	21:41.32	
100m	16.27	15.91	15.96	15.66	15.75	15.75	15.99	15.70	16.17	15.59	
400m		1:04.92				1:03.12					1:03.45
1000m											2:38.75
	8100m	8200m	8300m	8400m	8500m	8600m	8700m	8800m	8900m	9000m	
Race Time	21:57.03	22:12.63	22:28.67	22:44.54	23:00.31	23:15.90	23:32.09	23:48.25	24:04.21	24:20.05	
100m	15.71	15.60	16.04	15.87	15.77	15.59	16.19	16.16	15.96	15.84	
400m				1:03.22				1:03.71			
1000m											2:38.73
	9100m	9200m	9300m	9400m	9500m	9600m	9700m	9800m	9900m	10000m	
Race Time	24:36.34	24:51.99	25:07.91	25:23.50	25:39.68	25:54.98	26:10.52	26:26.48	26:42.40	26:59.19	
100m	16.29	15.65	15.92	15.59	16.18	15.30	15.54	15.96	15.92	16.79	
400m		1:03.74				1:02.99					1:04.21
1000m											2:39.14

749	Ahmed, Mohammed (CAN)										Posn. 8
	100m	200m	300m	400m	500m	600m	700m	800m	900m	1000m	
Race Time	15.86	31.26	47.46	1:03.31	1:19.86	1:35.71	1:52.43	2:08.30	2:24.78	2:41.00	
100m	15.86	15.40	16.20	15.85	16.55	15.85	16.72	15.87	16.48	16.22	
400m				1:03.31				1:04.99			
1000m											2:41.00
	1100m	1200m	1300m	1400m	1500m	1600m	1700m	1800m	1900m	2000m	
Race Time	2:57.86	3:14.39	3:31.13	3:47.78	4:04.72	4:21.57	4:38.16	4:54.51	5:11.23	5:27.18	
100m	16.86	16.53	16.74	16.65	16.94	16.85	16.59	16.35	16.72	15.95	
400m		1:06.09				1:07.18					1:05.61
1000m											2:46.18
	2100m	2200m	2300m	2400m	2500m	2600m	2700m	2800m	2900m	3000m	
Race Time	5:43.45	5:59.76	6:15.94	6:32.00	6:48.61	7:04.45	7:21.12	7:37.40	7:53.44	8:09.62	
100m	16.27	16.31	16.18	16.06	16.61	15.84	16.67	16.28	16.04	16.18	
400m				1:04.82				1:05.40			
1000m											2:42.44
	3100m	3200m	3300m	3400m	3500m	3600m	3700m	3800m	3900m	4000m	
Race Time	8:26.19	8:42.51	8:58.76	9:14.91	9:31.36	9:47.77	10:04.39	10:20.88	10:38.11	10:54.28	
100m	16.57	16.32	16.25	16.15	16.45	16.41	16.62	16.49	17.23	16.17	
400m		1:05.11				1:05.26					1:06.51
1000m											2:44.66
	4100m	4200m	4300m	4400m	4500m	4600m	4700m	4800m	4900m	5000m	
Race Time	11:10.39	11:26.83	11:43.99	11:59.90	12:16.76	12:33.48	12:49.38	13:04.67	13:20.26	13:35.83	
100m	16.11	16.44	17.16	15.91	16.86	16.72	15.90	15.29	15.59	15.57	
400m				1:05.62				1:04.77			
1000m											2:41.55
	5100m	5200m	5300m	5400m	5500m	5600m	5700m	5800m	5900m	6000m	
Race Time	13:51.67	14:07.13	14:22.70	14:38.46	14:54.96	15:11.67	15:28.81	15:44.99	16:01.92	16:18.35	
100m	15.84	15.46	15.57	15.76	16.50	16.71	17.14	16.18	16.93	16.43	
400m		1:02.46				1:04.54					1:06.68
1000m											2:42.52
	6100m	6200m	6300m	6400m	6500m	6600m	6700m	6800m	6900m	7000m	
Race Time	16:34.81	16:51.18	17:07.73	17:23.94	17:40.41	17:56.89	18:13.66	18:29.60	18:46.11	19:02.69	
100m	16.46	16.37	16.55	16.21	16.47	16.48	16.77	15.94	16.51	16.58	
400m				1:05.59				1:05.66			
1000m											2:44.34
	7100m	7200m	7300m	7400m	7500m	7600m	7700m	7800m	7900m	8000m	
Race Time	19:18.92	19:35.10	19:51.18	20:06.96	20:22.89	20:38.40	20:54.51	21:10.01	21:26.12	21:41.91	
100m	16.23	16.18	16.08	15.78	15.93	15.51	16.11	15.50	16.11	15.79	
400m		1:05.50				1:03.30					1:03.51
1000m											2:39.22
	8100m	8200m	8300m	8400m	8500m	8600m	8700m	8800m	8900m	9000m	
Race Time	21:57.93	22:13.37	22:29.46	22:45.14	23:01.31	23:17.19	23:33.16	23:48.95	24:05.23	24:20.95	
100m	16.02	15.44	16.09	15.68	16.17	15.88	15.97	15.79	16.28	15.72	
400m				1:03.23				1:03.81			
1000m											2:39.04
	9100m	9200m	9300m	9400m	9500m	9600m	9700m	9800m	9900m	10000m	
Race Time	24:37.11	24:52.62	25:08.59	25:24.35	25:40.59	25:56.71	26:12.70	26:28.68	26:44.96	27:02.35	
100m	16.16	15.51	15.97	15.76	16.24	16.12	15.99	15.98	16.28	17.39	
400m		1:03.67				1:04.09					1:05.64
1000m											2:41.40

1416		Kipchirchir, Shadrack (USA)									Posn. 9
		100m	200m	300m	400m	500m	600m	700m	800m	900m	1000m
Race Time		15.76	31.38	47.72	1:03.50	1:20.05	1:36.12	1:52.77	2:08.56	2:25.10	2:41.63
100m		15.76	15.62	16.34	15.78	16.55	16.07	16.65	15.79	16.54	16.53
400m					1:03.50				1:05.06		
1000m											2:41.63
		1100m	1200m	1300m	1400m	1500m	1600m	1700m	1800m	1900m	2000m
Race Time		2:58.75	3:15.04	3:31.84	3:48.57	4:05.52	4:22.29	4:39.15	4:55.18	5:12.15	5:28.25
100m		17.12	16.29	16.80	16.73	16.95	16.77	16.86	16.03	16.97	16.10
400m			1:06.48				1:07.25				1:05.96
1000m											2:46.62
		2100m	2200m	2300m	2400m	2500m	2600m	2700m	2800m	2900m	3000m
Race Time		5:44.50	6:00.79	6:16.96	6:33.10	6:49.66	7:05.52	7:22.20	7:38.61	7:55.24	8:11.04
100m		16.25	16.29	16.17	16.14	16.56	15.86	16.68	16.41	16.63	15.80
400m					1:04.85				1:05.51		
1000m											2:42.79
		3100m	3200m	3300m	3400m	3500m	3600m	3700m	3800m	3900m	4000m
Race Time		8:27.74	8:43.88	9:00.32	9:16.37	9:32.95	9:48.82	10:05.72	10:21.96	10:39.17	10:54.47
100m		16.70	16.14	16.44	16.05	16.58	15.87	16.90	16.24	17.21	15.30
400m			1:05.27				1:04.94				1:05.65
1000m											2:43.43
		4100m	4200m	4300m	4400m	4500m	4600m	4700m	4800m	4900m	5000m
Race Time		11:10.73	11:26.42	11:44.04	12:00.82	12:17.74	12:34.22	12:50.21	13:05.60	13:21.23	13:36.67
100m		16.26	15.69	17.62	16.78	16.92	16.48	15.99	15.39	15.63	15.44
400m					1:06.35				1:04.78		
1000m											2:42.20
		5100m	5200m	5300m	5400m	5500m	5600m	5700m	5800m	5900m	6000m
Race Time		13:52.42	14:07.95	14:23.53	14:39.22	14:55.62	15:11.81	15:28.92	15:45.34	16:02.33	16:18.77
100m		15.75	15.53	15.58	15.69	16.40	16.19	17.11	16.42	16.99	16.44
400m			1:02.35				1:03.86				1:06.96
1000m											2:42.10
		6100m	6200m	6300m	6400m	6500m	6600m	6700m	6800m	6900m	7000m
Race Time		16:35.40	16:51.70	17:08.47	17:24.40	17:40.77	17:57.45	18:14.22	18:30.49	18:47.18	19:03.71
100m		16.63	16.30	16.77	15.93	16.37	16.68	16.77	16.27	16.69	16.53
400m					1:05.63				1:06.09		
1000m											2:44.94
		7100m	7200m	7300m	7400m	7500m	7600m	7700m	7800m	7900m	8000m
Race Time		19:20.26	19:35.97	19:52.14	20:07.71	20:23.67	20:38.55	20:54.51	21:10.06	21:26.19	21:42.03
100m		16.55	15.71	16.17	15.57	15.96	14.88	15.96	15.55	16.13	15.84
400m			1:05.48				1:02.58				1:03.48
1000m											2:38.32
		8100m	8200m	8300m	8400m	8500m	8600m	8700m	8800m	8900m	9000m
Race Time		21:58.16	22:13.62	22:29.59	22:45.26	23:01.58	23:17.42	23:33.60	23:49.33	24:05.72	24:21.35
100m		16.13	15.46	15.97	15.67	16.32	15.84	16.18	15.73	16.39	15.63
400m					1:03.23				1:04.07		
1000m											2:39.32
		9100m	9200m	9300m	9400m	9500m	9600m	9700m	9800m	9900m	10000m
Race Time		24:37.55	24:54.07	25:10.79	25:27.75	25:44.84	26:01.74	26:18.23	26:34.75	26:51.37	27:07.55
100m		16.20	16.52	16.72	16.96	17.09	16.90	16.49	16.52	16.62	16.18
400m			1:04.74				1:07.67				1:05.81
1000m											2:46.20

894	Belihu, Andamlak (ETH)										Posn. 10
	100m	200m	300m	400m	500m	600m	700m	800m	900m	1000m	
Race Time	15.90	30.75	46.35	1:02.34	1:18.74	1:35.34	1:51.94	2:07.77	2:24.03	2:40.66	
100m	15.90	14.85	15.60	15.99	16.40	16.60	16.60	15.83	16.26	16.63	
400m				1:02.34				1:05.43			
1000m											2:40.66
	1100m	1200m	1300m	1400m	1500m	1600m	1700m	1800m	1900m	2000m	
Race Time	2:57.39	3:14.11	3:30.89	3:47.57	4:04.62	4:21.36	4:37.99	4:54.15	5:11.06	5:26.97	
100m	16.73	16.72	16.78	16.68	17.05	16.74	16.63	16.16	16.91	15.91	
400m		1:06.34				1:07.25					1:05.61
1000m											2:46.31
	2100m	2200m	2300m	2400m	2500m	2600m	2700m	2800m	2900m	3000m	
Race Time	5:43.15	5:59.39	6:15.54	6:31.63	6:48.43	7:04.20	7:20.82	7:37.41	7:53.75	8:09.88	
100m	16.18	16.24	16.15	16.09	16.80	15.77	16.62	16.59	16.34	16.13	
400m				1:04.66				1:05.78			
1000m											2:42.91
	3100m	3200m	3300m	3400m	3500m	3600m	3700m	3800m	3900m	4000m	
Race Time	8:26.45	8:42.72	8:59.01	9:15.03	9:31.67	9:48.08	10:04.76	10:21.16	10:38.39	10:54.59	
100m	16.57	16.27	16.29	16.02	16.64	16.41	16.68	16.40	17.23	16.20	
400m		1:05.31				1:05.36					1:06.51
1000m											2:44.71
	4100m	4200m	4300m	4400m	4500m	4600m	4700m	4800m	4900m	5000m	
Race Time	11:10.39	11:26.67	11:43.63	12:00.22	12:17.14	12:33.73	12:49.77	13:05.04	13:20.59	13:35.65	
100m	15.80	16.28	16.96	16.59	16.92	16.59	16.04	15.27	15.55	15.06	
400m				1:05.63				1:04.82			
1000m											2:41.06
	5100m	5200m	5300m	5400m	5500m	5600m	5700m	5800m	5900m	6000m	
Race Time	13:51.50	14:06.60	14:22.30	14:38.03	14:54.70	15:11.41	15:28.31	15:44.78	16:01.79	16:18.28	
100m	15.85	15.10	15.70	15.73	16.67	16.71	16.90	16.47	17.01	16.49	
400m		1:01.56				1:04.81					1:06.87
1000m											2:42.63
	6100m	6200m	6300m	6400m	6500m	6600m	6700m	6800m	6900m	7000m	
Race Time	16:34.92	16:51.19	17:08.00	17:24.17	17:40.70	17:57.08	18:13.98	18:30.23	18:46.80	19:03.04	
100m	16.64	16.27	16.81	16.17	16.53	16.38	16.90	16.25	16.57	16.24	
400m				1:05.89				1:06.06			
1000m											2:44.76
	7100m	7200m	7300m	7400m	7500m	7600m	7700m	7800m	7900m	8000m	
Race Time	19:19.43	19:35.33	19:51.60	20:07.10	20:23.39	20:39.02	20:55.17	21:10.93	21:27.18	21:43.14	
100m	16.39	15.90	16.27	15.50	16.29	15.63	16.15	15.76	16.25	15.96	
400m		1:05.10				1:03.69					1:04.12
1000m											2:40.10
	8100m	8200m	8300m	8400m	8500m	8600m	8700m	8800m	8900m	9000m	
Race Time	21:59.41	22:15.39	22:31.66	22:47.78	23:04.37	23:20.56	23:37.16	23:53.57	24:10.24	24:26.70	
100m	16.27	15.98	16.27	16.12	16.59	16.19	16.60	16.41	16.67	16.46	
400m				1:04.64				1:05.79			
1000m											2:43.56
	9100m	9200m	9300m	9400m	9500m	9600m	9700m	9800m	9900m	10000m	
Race Time	24:43.12	24:59.67	25:16.27	25:33.03	25:49.89	26:06.17	26:22.31	26:38.24	26:54.14	27:08.94	
100m	16.42	16.55	16.60	16.76	16.86	16.28	16.14	15.93	15.90	14.80	
400m		1:06.10				1:06.50					1:02.77
1000m											2:42.24

852	Kifle, Aron (ERI)										Posn. 11
	100m	200m	300m	400m	500m	600m	700m	800m	900m	1000m	
Race Time	16.12	31.04	47.05	1:02.97	1:19.25	1:35.61	1:52.24	2:08.35	2:24.87	2:41.40	
100m	16.12	14.92	16.01	15.92	16.28	16.36	16.63	16.11	16.52	16.53	
400m				1:02.97				1:05.38			
1000m											2:41.40
	1100m	1200m	1300m	1400m	1500m	1600m	1700m	1800m	1900m	2000m	
Race Time	2:58.51	3:15.09	3:31.86	3:48.01	4:04.92	4:21.78	4:38.36	4:54.49	5:11.44	5:27.53	
100m	17.11	16.58	16.77	16.15	16.91	16.86	16.58	16.13	16.95	16.09	
400m		1:06.74				1:06.69				1:05.75	
1000m											2:46.13
	2100m	2200m	2300m	2400m	2500m	2600m	2700m	2800m	2900m	3000m	
Race Time	5:43.79	5:59.98	6:16.12	6:32.19	6:49.06	7:04.79	7:21.45	7:37.93	7:54.23	8:10.54	
100m	16.26	16.19	16.14	16.07	16.87	15.73	16.66	16.48	16.30	16.31	
400m				1:04.66				1:05.74			
1000m											2:43.01
	3100m	3200m	3300m	3400m	3500m	3600m	3700m	3800m	3900m	4000m	
Race Time	8:27.05	8:43.22	8:59.68	9:15.72	9:32.32	9:48.35	10:05.06	10:21.45	10:38.67	10:54.67	
100m	16.51	16.17	16.46	16.04	16.60	16.03	16.71	16.39	17.22	16.00	
400m		1:05.29				1:05.13				1:06.32	
1000m											2:44.13
	4100m	4200m	4300m	4400m	4500m	4600m	4700m	4800m	4900m	5000m	
Race Time	11:10.72	11:26.63	11:43.73	12:00.40	12:17.29	12:33.76	12:49.96	13:05.43	13:21.01	13:36.44	
100m	16.05	15.91	17.10	16.67	16.89	16.47	16.20	15.47	15.58	15.43	
400m				1:05.73				1:05.03			
1000m											2:41.77
	5100m	5200m	5300m	5400m	5500m	5600m	5700m	5800m	5900m	6000m	
Race Time	13:52.19	14:07.73	14:23.29	14:39.00	14:55.40	15:12.06	15:29.03	15:45.25	16:02.09	16:18.60	
100m	15.75	15.54	15.56	15.71	16.40	16.66	16.97	16.22	16.84	16.51	
400m		1:02.30				1:04.33				1:06.54	
1000m											2:42.16
	6100m	6200m	6300m	6400m	6500m	6600m	6700m	6800m	6900m	7000m	
Race Time	16:35.24	16:51.53	17:08.26	17:23.32	17:39.59	17:56.28	18:13.09	18:29.71	18:46.27	19:02.84	
100m	16.64	16.29	16.73	15.06	16.27	16.69	16.81	16.62	16.56	16.57	
400m				1:04.72				1:06.39			
1000m											2:44.24
	7100m	7200m	7300m	7400m	7500m	7600m	7700m	7800m	7900m	8000m	
Race Time	19:19.22	19:35.30	19:51.66	20:07.08	20:23.17	20:38.89	20:54.95	21:10.64	21:26.78	21:42.67	
100m	16.38	16.08	16.36	15.42	16.09	15.72	16.06	15.69	16.14	15.89	
400m		1:05.59				1:03.59				1:03.78	
1000m											2:39.83
	8100m	8200m	8300m	8400m	8500m	8600m	8700m	8800m	8900m	9000m	
Race Time	21:59.08	22:15.54	22:32.12	22:48.57	23:05.27	23:21.65	23:38.59	23:55.35	24:12.04	24:28.78	
100m	16.41	16.46	16.58	16.45	16.70	16.38	16.94	16.76	16.69	16.74	
400m				1:05.90				1:06.78			
1000m											2:46.11
	9100m	9200m	9300m	9400m	9500m	9600m	9700m	9800m	9900m	10000m	
Race Time	24:45.73	25:02.74	25:19.72	25:36.02	25:52.59	26:09.04	26:24.56	26:39.92	26:54.81	27:09.92	
100m	16.95	17.01	16.98	16.30	16.57	16.45	15.52	15.36	14.89	15.11	
400m		1:07.39				1:06.30				1:00.88	
1000m											2:41.14

735	Cheroben, Abraham Naibei (BRN)										Posn. 12
	100m	200m	300m	400m	500m	600m	700m	800m	900m	1000m	
Race Time	16.43	31.72	48.23	1:03.65	1:19.99	1:35.54	1:52.10	2:07.91	2:24.19	2:40.86	
100m	16.43	15.29	16.51	15.42	16.34	15.55	16.56	15.81	16.28	16.67	
400m				1:03.65				1:04.26			
1000m											2:40.86
	1100m	1200m	1300m	1400m	1500m	1600m	1700m	1800m	1900m	2000m	
Race Time	2:57.64	3:14.47	3:31.38	3:48.05	4:05.02	4:21.92	4:38.67	4:54.71	5:11.70	5:27.74	
100m	16.78	16.83	16.91	16.67	16.97	16.90	16.75	16.04	16.99	16.04	
400m		1:06.56				1:07.45					1:05.82
1000m											2:46.88
	2100m	2200m	2300m	2400m	2500m	2600m	2700m	2800m	2900m	3000m	
Race Time	5:44.04	6:00.22	6:16.34	6:32.41	6:49.21	7:05.05	7:21.74	7:38.12	7:54.67	8:10.82	
100m	16.30	16.18	16.12	16.07	16.80	15.84	16.69	16.38	16.55	16.15	
400m				1:04.67				1:05.71			
1000m											2:43.08
	3100m	3200m	3300m	3400m	3500m	3600m	3700m	3800m	3900m	4000m	
Race Time	8:27.53	8:43.65	9:00.08	9:16.12	9:32.80	9:48.77	10:05.19	10:21.52	10:38.75	10:54.92	
100m	16.71	16.12	16.43	16.04	16.68	15.97	16.42	16.33	17.23	16.17	
400m		1:05.53				1:05.12					1:06.15
1000m											2:44.10
	4100m	4200m	4300m	4400m	4500m	4600m	4700m	4800m	4900m	5000m	
Race Time	11:10.90	11:27.03	11:44.23	12:00.70	12:17.47	12:33.95	12:50.04	13:04.70	13:20.05	13:35.22	
100m	15.98	16.13	17.20	16.47	16.77	16.48	16.09	14.66	15.35	15.17	
400m				1:05.78				1:04.00			
1000m											2:40.30
	5100m	5200m	5300m	5400m	5500m	5600m	5700m	5800m	5900m	6000m	
Race Time	13:50.90	14:06.58	14:22.23	14:38.17	14:54.77	15:11.61	15:28.66	15:45.10	16:02.12	16:18.52	
100m	15.68	15.68	15.65	15.94	16.60	16.84	17.05	16.44	17.02	16.40	
400m		1:01.88				1:05.03					1:06.91
1000m											2:43.30
	6100m	6200m	6300m	6400m	6500m	6600m	6700m	6800m	6900m	7000m	
Race Time	16:35.06	16:51.38	17:08.05	17:24.15	17:40.50	17:57.18	18:13.90	18:30.22	18:46.95	19:03.46	
100m	16.54	16.32	16.67	16.10	16.35	16.68	16.72	16.32	16.73	16.51	
400m				1:05.63				1:06.07			
1000m											2:44.94
	7100m	7200m	7300m	7400m	7500m	7600m	7700m	7800m	7900m	8000m	
Race Time	19:20.13	19:35.83	19:52.04	20:07.38	20:23.47	20:39.12	20:55.41	21:11.11	21:27.23	21:42.31	
100m	16.67	15.70	16.21	15.34	16.09	15.65	16.29	15.70	16.12	15.08	
400m		1:05.61				1:03.29					1:03.19
1000m											2:38.85
	8100m	8200m	8300m	8400m	8500m	8600m	8700m	8800m	8900m	9000m	
Race Time	21:58.50	22:14.72	22:31.39	22:47.72	23:04.27	23:21.08	23:37.80	23:54.44	24:11.05	24:27.83	
100m	16.19	16.22	16.67	16.33	16.55	16.81	16.72	16.64	16.61	16.78	
400m				1:05.41				1:06.72			
1000m											2:45.52
	9100m	9200m	9300m	9400m	9500m	9600m	9700m	9800m	9900m	10000m	
Race Time	24:44.65	25:01.66	25:18.21	25:34.77	25:51.24	26:07.65	26:23.63	26:39.42	26:55.39	27:11.08	
100m	16.82	17.01	16.55	16.56	16.47	16.41	15.98	15.79	15.97	15.69	
400m		1:07.22				1:05.99					1:03.43
1000m											2:43.25

1417	Korir, Leonard Essau (USA)										Posn. 13
	100m	200m	300m	400m	500m	600m	700m	800m	900m	1000m	
Race Time	17.03	32.56	49.03	1:04.62	1:20.99	1:36.85	1:53.57	2:09.75	2:26.42	2:42.90	
100m	17.03	15.53	16.47	15.59	16.37	15.86	16.72	16.18	16.67	16.48	
400m				1:04.62				1:05.13			
1000m											2:42.90
	1100m	1200m	1300m	1400m	1500m	1600m	1700m	1800m	1900m	2000m	
Race Time	2:59.89	3:15.86	3:33.06	3:49.58	4:06.57	4:23.27	4:40.34	4:56.41	5:12.95	5:28.98	
100m	16.99	15.97	17.20	16.52	16.99	16.70	17.07	16.07	16.54	16.03	
400m		1:06.11				1:07.41				1:05.71	
1000m											2:46.08
	2100m	2200m	2300m	2400m	2500m	2600m	2700m	2800m	2900m	3000m	
Race Time	5:45.55	6:01.87	6:18.43	6:34.39	6:50.77	7:06.42	7:22.82	7:38.87	7:55.78	8:11.77	
100m	16.57	16.32	16.56	15.96	16.38	15.65	16.40	16.05	16.91	15.99	
400m				1:05.41				1:04.48			
1000m											2:42.79
	3100m	3200m	3300m	3400m	3500m	3600m	3700m	3800m	3900m	4000m	
Race Time	8:28.52	8:44.73	9:01.44	9:17.34	9:34.13	9:50.21	10:06.98	10:23.26	10:39.99	10:56.03	
100m	16.75	16.21	16.71	15.90	16.79	16.08	16.77	16.28	16.73	16.04	
400m		1:05.86				1:05.48				1:05.82	
1000m											2:44.26
	4100m	4200m	4300m	4400m	4500m	4600m	4700m	4800m	4900m	5000m	
Race Time	11:11.99	11:27.90	11:44.91	12:01.50	12:18.33	12:34.83	12:51.35	13:07.02	13:22.80	13:37.69	
100m	15.96	15.91	17.01	16.59	16.83	16.50	16.52	15.67	15.78	14.89	
400m				1:05.47				1:05.52			
1000m											2:41.66
	5100m	5200m	5300m	5400m	5500m	5600m	5700m	5800m	5900m	6000m	
Race Time	13:53.00	14:08.60	14:24.65	14:40.69	14:57.08	15:13.01	15:29.26	15:45.63	16:02.54	16:19.03	
100m	15.31	15.60	16.05	16.04	16.39	15.93	16.25	16.37	16.91	16.49	
400m		1:01.58				1:04.41				1:06.02	
1000m											2:41.34
	6100m	6200m	6300m	6400m	6500m	6600m	6700m	6800m	6900m	7000m	
Race Time	16:35.63	16:51.98	17:08.60	17:24.58	17:41.05	17:57.54	18:14.50	18:30.71	18:47.40	19:03.36	
100m	16.60	16.35	16.62	15.98	16.47	16.49	16.96	16.21	16.69	15.96	
400m				1:05.55				1:06.13			
1000m											2:44.33
	7100m	7200m	7300m	7400m	7500m	7600m	7700m	7800m	7900m	8000m	
Race Time	19:19.90	19:35.73	19:51.94	20:07.94	20:24.33	20:40.43	20:56.66	21:12.73	21:29.74	21:46.67	
100m	16.54	15.83	16.21	16.00	16.39	16.10	16.23	16.07	17.01	16.93	
400m		1:05.02				1:04.70				1:06.24	
1000m											2:43.31
	8100m	8200m	8300m	8400m	8500m	8600m	8700m	8800m	8900m	9000m	
Race Time	22:03.54	22:19.79	22:36.94	22:53.60	23:10.26	23:27.02	23:44.07	24:01.03	24:18.14	24:35.07	
100m	16.87	16.25	17.15	16.66	16.66	16.76	17.05	16.96	17.11	16.93	
400m				1:06.93				1:07.43			
1000m											2:48.40
	9100m	9200m	9300m	9400m	9500m	9600m	9700m	9800m	9900m	10000m	
Race Time	24:52.24	25:09.12	25:26.26	25:43.22	26:00.21	26:17.04	26:33.39	26:49.44	27:05.45	27:20.18	
100m	17.17	16.88	17.14	16.96	16.99	16.83	16.35	16.05	16.01	14.73	
400m		1:08.09				1:07.92				1:03.14	
1000m											2:45.11

1363	Toroitch, Timothy (UGA)										Posn. 14
	100m	200m	300m	400m	500m	600m	700m	800m	900m	1000m	
Race Time	15.88	31.34	47.76	1:03.45	1:19.77	1:35.18	1:51.47	2:07.46	2:23.73	2:40.40	
100m	15.88	15.46	16.42	15.69	16.32	15.41	16.29	15.99	16.27	16.67	
400m				1:03.45				1:04.01			
1000m										2:40.40	
	1100m	1200m	1300m	1400m	1500m	1600m	1700m	1800m	1900m	2000m	
Race Time	2:57.15	3:14.04	3:30.67	3:47.34	4:04.41	4:21.18	4:37.62	4:53.72	5:10.19	5:26.25	
100m	16.75	16.89	16.63	16.67	17.07	16.77	16.44	16.10	16.47	16.06	
400m		1:06.58				1:07.14				1:05.07	
1000m										2:45.85	
	2100m	2200m	2300m	2400m	2500m	2600m	2700m	2800m	2900m	3000m	
Race Time	5:42.45	5:58.83	6:14.99	6:31.36	6:47.78	7:03.84	7:20.49	7:37.31	7:53.61	8:09.68	
100m	16.20	16.38	16.16	16.37	16.42	16.06	16.65	16.82	16.30	16.07	
400m				1:05.11				1:05.95			
1000m										2:43.43	
	3100m	3200m	3300m	3400m	3500m	3600m	3700m	3800m	3900m	4000m	
Race Time	8:26.25	8:42.57	8:58.96	9:14.94	9:31.56	9:47.98	10:04.63	10:21.13	10:38.35	10:54.48	
100m	16.57	16.32	16.39	15.98	16.62	16.42	16.65	16.50	17.22	16.13	
400m		1:05.26				1:05.41				1:06.50	
1000m										2:44.80	
	4100m	4200m	4300m	4400m	4500m	4600m	4700m	4800m	4900m	5000m	
Race Time	11:10.57	11:26.89	11:44.14	12:00.54	12:17.39	12:33.52	12:48.95	13:03.90	13:19.29	13:34.65	
100m	16.09	16.32	17.25	16.40	16.85	16.13	15.43	14.95	15.39	15.36	
400m				1:06.06				1:03.36			
1000m										2:40.17	
	5100m	5200m	5300m	5400m	5500m	5600m	5700m	5800m	5900m	6000m	
Race Time	13:50.30	14:05.64	14:21.41	14:37.28	14:54.18	15:10.98	15:27.77	15:44.35	16:01.18	16:17.82	
100m	15.65	15.34	15.77	15.87	16.90	16.80	16.79	16.58	16.83	16.64	
400m		1:01.74				1:05.34				1:06.84	
1000m										2:43.17	
	6100m	6200m	6300m	6400m	6500m	6600m	6700m	6800m	6900m	7000m	
Race Time	16:34.31	16:50.70	17:07.28	17:23.41	17:39.82	17:56.55	18:13.29	18:29.86	18:46.46	19:02.92	
100m	16.49	16.39	16.58	16.13	16.41	16.73	16.74	16.57	16.60	16.46	
400m				1:05.59				1:06.45			
1000m										2:45.10	
	7100m	7200m	7300m	7400m	7500m	7600m	7700m	7800m	7900m	8000m	
Race Time	19:19.34	19:35.14	19:51.45	20:07.46	20:23.99	20:40.04	20:56.39	21:13.08	21:30.03	21:46.59	
100m	16.42	15.80	16.31	16.01	16.53	16.05	16.35	16.69	16.95	16.56	
400m		1:05.28				1:04.90				1:06.55	
1000m										2:43.67	
	8100m	8200m	8300m	8400m	8500m	8600m	8700m	8800m	8900m	9000m	
Race Time	22:03.44	22:20.39	22:37.41	22:54.26	23:11.10	23:28.15	23:45.47	24:02.67	24:19.56	24:36.45	
100m	16.85	16.95	17.02	16.85	16.84	17.05	17.32	17.20	16.89	16.89	
400m				1:07.67				1:08.41			
1000m										2:49.86	
	9100m	9200m	9300m	9400m	9500m	9600m	9700m	9800m	9900m	10000m	
Race Time	24:53.51	25:10.54	25:27.44	25:44.10	26:01.09	26:17.98	26:34.11	26:50.09	27:05.87	27:21.09	
100m	17.06	17.03	16.90	16.66	16.99	16.89	16.13	15.98	15.78	15.22	
400m		1:07.87				1:07.44				1:03.11	
1000m										2:44.64	

1425	Mead, Hassan (USA)										Posn. 15
	100m	200m	300m	400m	500m	600m	700m	800m	900m	1000m	
Race Time	15.81	31.43	48.02	1:03.95	1:20.41	1:36.34	1:52.97	2:08.64	2:24.63	2:40.78	
100m	15.81	15.62	16.59	15.93	16.46	15.93	16.63	15.67	15.99	16.15	
400m				1:03.95				1:04.69			
1000m										2:40.78	
	1100m	1200m	1300m	1400m	1500m	1600m	1700m	1800m	1900m	2000m	
Race Time	2:57.64	3:14.24	3:30.90	3:47.55	4:04.57	4:21.34	4:37.85	4:53.93	5:10.61	5:26.68	
100m	16.86	16.60	16.66	16.65	17.02	16.77	16.51	16.08	16.68	16.07	
400m		1:05.60				1:07.10				1:05.34	
1000m										2:45.90	
	2100m	2200m	2300m	2400m	2500m	2600m	2700m	2800m	2900m	3000m	
Race Time	5:42.96	5:59.28	6:15.46	6:31.73	6:48.42	7:04.54	7:21.20	7:37.77	7:54.00	8:10.32	
100m	16.28	16.32	16.18	16.27	16.69	16.12	16.66	16.57	16.23	16.32	
400m				1:05.05				1:06.04			
1000m										2:43.64	
	3100m	3200m	3300m	3400m	3500m	3600m	3700m	3800m	3900m	4000m	
Race Time	8:26.82	8:43.06	8:59.41	9:15.49	9:32.06	9:48.21	10:04.84	10:21.26	10:38.46	10:54.81	
100m	16.50	16.24	16.35	16.08	16.57	16.15	16.63	16.42	17.20	16.35	
400m		1:05.29				1:05.15				1:06.60	
1000m										2:44.49	
	4100m	4200m	4300m	4400m	4500m	4600m	4700m	4800m	4900m	5000m	
Race Time	11:11.13	11:27.23	11:44.20	12:01.06	12:17.91	12:34.40	12:50.79	13:06.46	13:22.33	13:37.87	
100m	16.32	16.10	16.97	16.86	16.85	16.49	16.39	15.67	15.87	15.54	
400m				1:06.25				1:05.40			
1000m										2:43.06	
	5100m	5200m	5300m	5400m	5500m	5600m	5700m	5800m	5900m	6000m	
Race Time	13:53.87	14:10.16	14:26.50	14:43.03	14:59.59	15:16.24	15:32.95	15:49.61	16:06.13	16:22.64	
100m	16.00	16.29	16.34	16.53	16.56	16.65	16.71	16.66	16.52	16.51	
400m		1:03.70				1:06.08				1:06.40	
1000m										2:44.77	
	6100m	6200m	6300m	6400m	6500m	6600m	6700m	6800m	6900m	7000m	
Race Time	16:38.77	16:55.15	17:11.78	17:28.58	17:45.06	18:01.78	18:18.60	18:35.66	18:52.48	19:09.34	
100m	16.13	16.38	16.63	16.80	16.48	16.72	16.82	17.06	16.82	16.86	
400m				1:05.94				1:07.08			
1000m										2:46.70	
	7100m	7200m	7300m	7400m	7500m	7600m	7700m	7800m	7900m	8000m	
Race Time	19:26.46	19:43.54	20:00.45	20:17.42	20:34.25	20:51.07	21:07.98	21:25.03	21:41.99	21:58.84	
100m	17.12	17.08	16.91	16.97	16.83	16.82	16.91	17.05	16.96	16.85	
400m		1:07.88				1:07.53				1:07.77	
1000m										2:49.50	
	8100m	8200m	8300m	8400m	8500m	8600m	8700m	8800m	8900m	9000m	
Race Time	22:15.47	22:32.85	22:49.86	23:06.95	23:23.79	23:40.73	23:57.83	24:14.86	24:31.52	24:48.56	
100m	16.63	17.38	17.01	17.09	16.84	16.94	17.10	17.03	16.66	17.04	
400m				1:08.11				1:07.91			
1000m										2:49.72	
	9100m	9200m	9300m	9400m	9500m	9600m	9700m	9800m	9900m	10000m	
Race Time	25:05.47	25:22.28	25:39.02	25:55.98	26:12.92	26:29.75	26:46.46	27:02.36	27:17.43	27:32.49	
100m	16.91	16.81	16.74	16.96	16.94	16.83	16.71	15.90	15.07	15.06	
400m		1:07.42				1:07.47				1:02.74	
1000m										2:43.93	

1222	Robertson, Zane (NZL)										Posn. 16
	100m	200m	300m	400m	500m	600m	700m	800m	900m	1000m	
Race Time	16.74	32.17	48.70	1:04.07	1:20.55	1:36.59	1:53.36	2:09.48	2:26.08	2:42.46	
100m	16.74	15.43	16.53	15.37	16.48	16.04	16.77	16.12	16.60	16.38	
400m				1:04.07				1:05.41			
1000m											2:42.46
	1100m	1200m	1300m	1400m	1500m	1600m	1700m	1800m	1900m	2000m	
Race Time	2:59.50	3:15.22	3:32.07	3:48.67	4:05.71	4:22.38	4:39.41	4:55.38	5:12.32	5:28.54	
100m	17.04	15.72	16.85	16.60	17.04	16.67	17.03	15.97	16.94	16.22	
400m		1:05.74				1:07.16				1:06.16	
1000m											2:46.08
	2100m	2200m	2300m	2400m	2500m	2600m	2700m	2800m	2900m	3000m	
Race Time	5:45.02	6:01.42	6:17.71	6:33.73	6:50.29	7:06.38	7:22.79	7:39.06	7:55.97	8:12.09	
100m	16.48	16.40	16.29	16.02	16.56	16.09	16.41	16.27	16.91	16.12	
400m				1:05.19				1:05.33			
1000m											2:43.55
	3100m	3200m	3300m	3400m	3500m	3600m	3700m	3800m	3900m	4000m	
Race Time	8:28.68	8:44.84	9:01.60	9:17.61	9:34.36	9:50.40	10:07.16	10:23.18	10:39.76	10:56.02	
100m	16.59	16.16	16.76	16.01	16.75	16.04	16.76	16.02	16.58	16.26	
400m		1:05.78				1:05.56				1:05.62	
1000m											2:43.93
	4100m	4200m	4300m	4400m	4500m	4600m	4700m	4800m	4900m	5000m	
Race Time	11:12.24	11:27.96	11:44.98	12:01.52	12:18.51	12:35.07	12:51.55	13:07.34	13:23.19	13:38.83	
100m	16.22	15.72	17.02	16.54	16.99	16.56	16.48	15.79	15.85	15.64	
400m				1:05.50				1:05.82			
1000m											2:42.81
	5100m	5200m	5300m	5400m	5500m	5600m	5700m	5800m	5900m	6000m	
Race Time	13:55.04	14:11.30	14:27.71	14:44.24	15:01.08	15:17.75	15:34.89	15:51.27	16:08.38	16:24.69	
100m	16.21	16.26	16.41	16.53	16.84	16.67	17.14	16.38	17.11	16.31	
400m		1:03.96				1:06.45				1:06.94	
1000m											2:45.86
	6100m	6200m	6300m	6400m	6500m	6600m	6700m	6800m	6900m	7000m	
Race Time	16:41.38	16:58.19	17:14.96	17:31.59	17:48.03	18:04.56	18:21.30	18:38.41	18:55.39	19:11.99	
100m	16.69	16.81	16.77	16.63	16.44	16.53	16.74	17.11	16.98	16.60	
400m				1:06.90				1:06.82			
1000m											2:47.30
	7100m	7200m	7300m	7400m	7500m	7600m	7700m	7800m	7900m	8000m	
Race Time	19:28.65	19:45.46	20:02.00	20:18.61	20:35.72	20:53.03	21:10.27	21:27.38	21:44.57	22:01.94	
100m	16.66	16.81	16.54	16.61	17.11	17.31	17.24	17.11	17.19	17.37	
400m		1:07.05				1:07.57				1:08.91	
1000m											2:49.95
	8100m	8200m	8300m	8400m	8500m	8600m	8700m	8800m	8900m	9000m	
Race Time	22:19.48	22:36.61	22:54.44	23:12.00	23:29.33	23:46.63	24:04.19	24:21.64	24:38.95	24:55.65	
100m	17.54	17.13	17.83	17.56	17.33	17.30	17.56	17.45	17.31	16.70	
400m				1:10.06				1:09.64			
1000m											2:53.71
	9100m	9200m	9300m	9400m	9500m	9600m	9700m	9800m	9900m	10000m	
Race Time	25:12.75	25:29.85	25:46.76	26:03.81	26:20.96	26:38.13	26:55.72	27:13.65	27:31.57	27:48.59	
100m	17.10	17.10	16.91	17.05	17.15	17.17	17.59	17.93	17.92	17.02	
400m		1:08.21				1:08.28				1:10.46	
1000m											2:52.94

853	Tewelde, Hiskel (ERI)										Posn. 17
	100m	200m	300m	400m	500m	600m	700m	800m	900m	1000m	
Race Time	16.02	31.18	47.31	1:03.17	1:19.76	1:36.18	1:52.94	2:09.15	2:26.00	2:42.34	
100m	16.02	15.16	16.13	15.86	16.59	16.42	16.76	16.21	16.85	16.34	
400m				1:03.17				1:05.98			
1000m										2:42.34	
	1100m	1200m	1300m	1400m	1500m	1600m	1700m	1800m	1900m	2000m	
Race Time	2:59.43	3:15.67	3:32.83	3:49.27	4:06.41	4:23.06	4:40.12	4:56.13	5:12.68	5:28.68	
100m	17.09	16.24	17.16	16.44	17.14	16.65	17.06	16.01	16.55	16.00	
400m		1:06.52				1:07.39				1:05.62	
1000m										2:46.34	
	2100m	2200m	2300m	2400m	2500m	2600m	2700m	2800m	2900m	3000m	
Race Time	5:45.19	6:01.49	6:17.94	6:33.94	6:50.48	7:06.63	7:23.04	7:39.29	7:56.22	8:12.31	
100m	16.51	16.30	16.45	16.00	16.54	16.15	16.41	16.25	16.93	16.09	
400m				1:05.26				1:05.35			
1000m										2:43.63	
	3100m	3200m	3300m	3400m	3500m	3600m	3700m	3800m	3900m	4000m	
Race Time	8:28.93	8:44.60	9:01.17	9:16.94	9:33.81	9:49.86	10:06.71	10:22.95	10:39.41	10:55.39	
100m	16.62	15.67	16.57	15.77	16.87	16.05	16.85	16.24	16.46	15.98	
400m		1:05.31				1:05.26				1:05.53	
1000m										2:43.08	
	4100m	4200m	4300m	4400m	4500m	4600m	4700m	4800m	4900m	5000m	
Race Time	11:11.51	11:27.62	11:44.63	12:01.24	12:18.09	12:34.51	12:51.02	13:06.69	13:22.57	13:38.10	
100m	16.12	16.11	17.01	16.61	16.85	16.42	16.51	15.67	15.88	15.53	
400m				1:05.85				1:05.45			
1000m										2:42.71	
	5100m	5200m	5300m	5400m	5500m	5600m	5700m	5800m	5900m	6000m	
Race Time	13:53.71	14:09.48	14:26.06	14:42.90	14:59.93	15:16.87	15:34.04	15:51.19	16:08.31	16:25.05	
100m	15.61	15.77	16.58	16.84	17.03	16.94	17.17	17.15	17.12	16.74	
400m		1:02.79				1:07.39				1:08.18	
1000m										2:46.95	
	6100m	6200m	6300m	6400m	6500m	6600m	6700m	6800m	6900m	7000m	
Race Time	16:41.80	16:58.60	17:15.70	17:32.55	17:49.75	18:06.99	18:24.45	18:41.73	18:58.89	19:16.04	
100m	16.75	16.80	17.10	16.85	17.20	17.24	17.46	17.28	17.16	17.15	
400m				1:07.50				1:09.18			
1000m										2:50.99	
	7100m	7200m	7300m	7400m	7500m	7600m	7700m	7800m	7900m	8000m	
Race Time	19:33.73	19:51.31	20:08.70	20:25.88	20:43.24	21:00.55	21:17.78	21:34.83	21:52.08	22:08.89	
100m	17.69	17.58	17.39	17.18	17.36	17.31	17.23	17.05	17.25	16.81	
400m		1:09.58				1:09.24				1:08.34	
1000m										2:52.85	
	8100m	8200m	8300m	8400m	8500m	8600m	8700m	8800m	8900m	9000m	
Race Time	22:26.21	22:43.53	23:01.12	23:18.56	23:35.74	23:52.92	24:10.67	24:27.60	24:44.78	25:02.17	
100m	17.32	17.32	17.59	17.44	17.18	17.18	17.75	16.93	17.18	17.39	
400m				1:09.67				1:09.04			
1000m										2:53.28	
	9100m	9200m	9300m	9400m	9500m	9600m	9700m	9800m	9900m	10000m	
Race Time	25:19.69	25:36.42	25:53.80	26:10.94	26:28.15	26:44.66	27:01.58	27:18.01	27:34.59	27:49.62	
100m	17.52	16.73	17.38	17.14	17.21	16.51	16.92	16.43	16.58	15.03	
400m		1:08.82				1:08.24				1:04.96	
1000m										2:47.45	

1359	Kurong, Moses Martin (UGA)										Posn. 18
	100m	200m	300m	400m	500m	600m	700m	800m	900m	1000m	
Race Time	15.56	30.23	45.68	1:01.44	1:17.37	1:33.34	1:49.74	2:06.47	2:23.30	2:39.96	
100m	15.56	14.67	15.45	15.76	15.93	15.97	16.40	16.73	16.83	16.66	
400m				1:01.44				1:05.03			
1000m											2:39.96
	1100m	1200m	1300m	1400m	1500m	1600m	1700m	1800m	1900m	2000m	
Race Time	2:56.75	3:13.13	3:29.80	3:46.63	4:03.47	4:20.34	4:37.15	4:53.72	5:10.42	5:26.50	
100m	16.79	16.38	16.67	16.83	16.84	16.87	16.81	16.57	16.70	16.08	
400m		1:06.66				1:07.21				1:06.16	
1000m											2:46.54
	2100m	2200m	2300m	2400m	2500m	2600m	2700m	2800m	2900m	3000m	
Race Time	5:42.75	5:59.08	6:15.26	6:31.58	6:48.08	7:04.12	7:20.76	7:37.55	7:53.86	8:09.96	
100m	16.25	16.33	16.18	16.32	16.50	16.04	16.64	16.79	16.31	16.10	
400m				1:05.08				1:05.97			
1000m											2:43.46
	3100m	3200m	3300m	3400m	3500m	3600m	3700m	3800m	3900m	4000m	
Race Time	8:26.49	8:42.85	8:59.24	9:15.35	9:31.84	9:48.39	10:05.36	10:21.72	10:38.96	10:54.88	
100m	16.53	16.36	16.39	16.11	16.49	16.55	16.97	16.36	17.24	15.92	
400m		1:05.30				1:05.54				1:06.49	
1000m											2:44.92
	4100m	4200m	4300m	4400m	4500m	4600m	4700m	4800m	4900m	5000m	
Race Time	11:11.02	11:27.15	11:44.41	12:00.78	12:17.66	12:34.00	12:50.49	13:05.91	13:21.60	13:37.44	
100m	16.14	16.13	17.26	16.37	16.88	16.34	16.49	15.42	15.69	15.84	
400m				1:05.90				1:05.13			
1000m											2:42.56
	5100m	5200m	5300m	5400m	5500m	5600m	5700m	5800m	5900m	6000m	
Race Time	13:53.62	14:10.09	14:27.11	14:43.98	15:00.87	15:17.67	15:35.12	15:52.09	16:09.07	16:25.83	
100m	16.18	16.47	17.02	16.87	16.89	16.80	17.45	16.97	16.98	16.76	
400m		1:04.18				1:07.58				1:08.16	
1000m											2:48.39
	6100m	6200m	6300m	6400m	6500m	6600m	6700m	6800m	6900m	7000m	
Race Time	16:42.95	16:59.98	17:17.06	17:33.94	17:51.06	18:08.07	18:25.14	18:42.15	18:59.38	19:15.99	
100m	17.12	17.03	17.08	16.88	17.12	17.01	17.07	17.01	17.23	16.61	
400m				1:08.11				1:08.21			
1000m											2:50.16
	7100m	7200m	7300m	7400m	7500m	7600m	7700m	7800m	7900m	8000m	
Race Time	19:33.59	19:51.26	20:08.39	20:25.56	20:42.92	21:00.35	21:17.56	21:34.61	21:51.76	22:08.89	
100m	17.60	17.67	17.13	17.17	17.36	17.43	17.21	17.05	17.15	17.13	
400m		1:09.11				1:09.09				1:08.54	
1000m											2:52.90
	8100m	8200m	8300m	8400m	8500m	8600m	8700m	8800m	8900m	9000m	
Race Time	22:26.46	22:43.83	23:01.32	23:18.34	23:35.54	23:52.77	24:10.48	24:27.85	24:45.03	25:01.97	
100m	17.57	17.37	17.49	17.02	17.20	17.23	17.71	17.37	17.18	16.94	
400m				1:09.45				1:09.51			
1000m											2:53.08
	9100m	9200m	9300m	9400m	9500m	9600m	9700m	9800m	9900m	10000m	
Race Time	25:19.42	25:36.35	25:53.58	26:10.82	26:27.65	26:43.82	27:01.22	27:18.24	27:34.84	27:50.71	
100m	17.45	16.93	17.23	17.24	16.83	16.17	17.40	17.02	16.60	15.87	
400m		1:08.50				1:07.47				1:06.89	
1000m											2:48.74

685	Nzikwinkunda, Onesphore (BDI)										Posn. 19
	100m	200m	300m	400m	500m	600m	700m	800m	900m	1000m	
Race Time	15.98	31.71	48.11	1:03.90	1:20.09	1:35.87	1:52.70	2:08.67	2:25.37	2:41.64	
100m	15.98	15.73	16.40	15.79	16.19	15.78	16.83	15.97	16.70	16.27	
400m				1:03.90				1:04.77			
1000m											2:41.64
	1100m	1200m	1300m	1400m	1500m	1600m	1700m	1800m	1900m	2000m	
Race Time	2:58.54	3:14.93	3:31.51	3:48.15	4:05.14	4:21.29	4:37.85	4:54.26	5:11.07	5:27.38	
100m	16.90	16.39	16.58	16.64	16.99	16.15	16.56	16.41	16.81	16.31	
400m		1:06.26				1:06.36					1:06.09
1000m											2:45.74
	2100m	2200m	2300m	2400m	2500m	2600m	2700m	2800m	2900m	3000m	
Race Time	5:43.82	5:59.94	6:16.56	6:32.73	6:49.55	7:05.72	7:22.64	7:39.22	7:56.53	8:12.52	
100m	16.44	16.12	16.62	16.17	16.82	16.17	16.92	16.58	17.31	15.99	
400m				1:05.35				1:06.49			
1000m											2:45.14
	3100m	3200m	3300m	3400m	3500m	3600m	3700m	3800m	3900m	4000m	
Race Time	8:29.23	8:45.44	9:02.30	9:18.40	9:34.92	9:50.99	10:07.72	10:23.55	10:40.36	10:56.35	
100m	16.71	16.21	16.86	16.10	16.52	16.07	16.73	15.83	16.81	15.99	
400m		1:06.22				1:05.55					1:05.36
1000m											2:43.83
	4100m	4200m	4300m	4400m	4500m	4600m	4700m	4800m	4900m	5000m	
Race Time	11:12.89	11:28.75	11:45.56	12:02.18	12:19.03	12:35.50	12:51.88	13:08.19	13:24.81	13:41.27	
100m	16.54	15.86	16.81	16.62	16.85	16.47	16.38	16.31	16.62	16.46	
400m				1:05.83				1:06.01			
1000m											2:44.92
	5100m	5200m	5300m	5400m	5500m	5600m	5700m	5800m	5900m	6000m	
Race Time	13:58.23	14:15.22	14:32.56	14:49.70	15:07.27	15:24.19	15:41.58	15:58.67	16:15.95	16:32.97	
100m	16.96	16.99	17.34	17.14	17.57	16.92	17.39	17.09	17.28	17.02	
400m		1:07.03				1:08.97					1:08.78
1000m											2:51.70
	6100m	6200m	6300m	6400m	6500m	6600m	6700m	6800m	6900m	7000m	
Race Time	16:50.46	17:07.78	17:25.47	17:42.80	18:00.54	18:18.25	18:36.33	18:53.45	19:11.41	19:29.03	
100m	17.49	17.32	17.69	17.33	17.74	17.71	18.08	17.12	17.96	17.62	
400m				1:09.83				1:10.65			
1000m											2:56.06
	7100m	7200m	7300m	7400m	7500m	7600m	7700m	7800m	7900m	8000m	
Race Time	19:47.08	20:04.62	20:22.85	20:40.45	20:58.27	21:15.88	21:34.01	21:51.02	22:08.89	22:26.67	
100m	18.05	17.54	18.23	17.60	17.82	17.61	18.13	17.01	17.87	17.78	
400m		1:11.17				1:11.26					1:10.79
1000m											2:57.64
	8100m	8200m	8300m	8400m	8500m	8600m	8700m	8800m	8900m	9000m	
Race Time	22:44.80	23:02.35	23:19.95	23:37.55	23:55.48	24:12.72	24:30.87	24:48.44	25:06.23	25:23.26	
100m	18.13	17.55	17.60	17.60	17.93	17.24	18.15	17.57	17.79	17.03	
400m				1:10.88				1:10.89			
1000m											2:56.59
	9100m	9200m	9300m	9400m	9500m	9600m	9700m	9800m	9900m	10000m	
Race Time	25:40.42	25:57.64	26:15.31	26:31.07	26:47.96	27:05.15	27:21.67	27:37.96	27:54.98	28:09.98	
100m	17.16	17.22	17.67	15.76	16.89	17.19	16.52	16.29	17.02	15.00	
400m		1:09.20				1:07.51					1:04.83
1000m											2:46.72

1277		Mokoka, Stephen (RSA)									Posn. 20
		100m	200m	300m	400m	500m	600m	700m	800m	900m	1000m
Race Time		15.62	31.08	47.56	1:03.70	1:20.27	1:36.38	1:53.13	2:09.31	2:26.27	2:42.55
100m		15.62	15.46	16.48	16.14	16.57	16.11	16.75	16.18	16.96	16.28
400m					1:03.70				1:05.61		
1000m											2:42.55
		1100m	1200m	1300m	1400m	1500m	1600m	1700m	1800m	1900m	2000m
Race Time		2:59.61	3:15.33	3:32.30	3:48.82	4:05.97	4:22.59	4:39.63	4:55.51	5:12.50	5:28.78
100m		17.06	15.72	16.97	16.52	17.15	16.62	17.04	15.88	16.99	16.28
400m			1:06.02				1:07.26				1:06.19
1000m											2:46.23
		2100m	2200m	2300m	2400m	2500m	2600m	2700m	2800m	2900m	3000m
Race Time		5:45.28	6:01.64	6:18.14	6:34.11	6:50.69	7:06.83	7:23.23	7:39.47	7:56.43	8:12.55
100m		16.50	16.36	16.50	15.97	16.58	16.14	16.40	16.24	16.96	16.12
400m					1:05.33				1:05.36		
1000m											2:43.77
		3100m	3200m	3300m	3400m	3500m	3600m	3700m	3800m	3900m	4000m
Race Time		8:29.14	8:45.05	9:01.80	9:17.87	9:34.53	9:50.60	10:07.38	10:23.71	10:40.56	10:56.57
100m		16.59	15.91	16.75	16.07	16.66	16.07	16.78	16.33	16.85	16.01
400m			1:05.58				1:05.55				1:05.97
1000m											2:44.02
		4100m	4200m	4300m	4400m	4500m	4600m	4700m	4800m	4900m	5000m
Race Time		11:13.07	11:28.76	11:45.73	12:02.39	12:19.21	12:35.61	12:52.05	13:07.89	13:23.99	13:40.02
100m		16.50	15.69	16.97	16.66	16.82	16.40	16.44	15.84	16.10	16.03
400m					1:05.82				1:05.50		
1000m											2:43.45
		5100m	5200m	5300m	5400m	5500m	5600m	5700m	5800m	5900m	6000m
Race Time		13:56.12	14:12.43	14:28.73	14:45.12	15:01.68	15:18.18	15:35.11	15:51.53	16:08.47	16:25.17
100m		16.10	16.31	16.30	16.39	16.56	16.50	16.93	16.42	16.94	16.70
400m			1:04.54				1:05.75				1:06.99
1000m											2:45.15
		6100m	6200m	6300m	6400m	6500m	6600m	6700m	6800m	6900m	7000m
Race Time		16:42.04	16:58.81	17:15.82	17:32.26	17:49.56	18:07.22	18:24.62	18:41.94	18:59.12	19:16.38
100m		16.87	16.77	17.01	16.44	17.30	17.66	17.40	17.32	17.18	17.26
400m					1:07.09				1:09.68		
1000m											2:51.21
		7100m	7200m	7300m	7400m	7500m	7600m	7700m	7800m	7900m	8000m
Race Time		19:33.93	19:51.47	20:09.03	20:26.77	20:44.87	21:02.85	21:20.81	21:38.80	21:57.01	22:15.05
100m		17.55	17.54	17.56	17.74	18.10	17.98	17.96	17.99	18.21	18.04
400m			1:09.53				1:11.38				1:12.20
1000m											2:58.67
		8100m	8200m	8300m	8400m	8500m	8600m	8700m	8800m	8900m	9000m
Race Time		22:33.20	22:51.30	23:09.49	23:27.51	23:45.97	24:04.49	24:23.17	24:41.69	25:00.01	25:18.46
100m		18.15	18.10	18.19	18.02	18.46	18.52	18.68	18.52	18.32	18.45
400m					1:12.46				1:14.18		
1000m											3:03.41
		9100m	9200m	9300m	9400m	9500m	9600m	9700m	9800m	9900m	10000m
Race Time		25:36.87	25:55.21	26:13.09	26:30.93	26:48.80	27:06.72	27:24.25	27:41.48	27:58.29	28:14.67
100m		18.41	18.34	17.88	17.84	17.87	17.92	17.53	17.23	16.81	16.38
400m			1:13.52				1:11.51				1:07.95
1000m											2:56.21

845	Piedra, Bayron (ECU)										Posn. 21
	100m	200m	300m	400m	500m	600m	700m	800m	900m	1000m	
Race Time	16.17	31.99	48.42	1:04.30	1:20.83	1:36.80	1:53.64	2:09.90	2:26.56	2:43.09	
100m	16.17	15.82	16.43	15.88	16.53	15.97	16.84	16.26	16.66	16.53	
400m				1:04.30				1:05.60			
1000m											2:43.09
	1100m	1200m	1300m	1400m	1500m	1600m	1700m	1800m	1900m	2000m	
Race Time	3:00.10	3:15.99	3:33.18	3:49.78	4:06.70	4:23.29	4:40.42	4:56.56	5:13.16	5:29.12	
100m	17.01	15.89	17.19	16.60	16.92	16.59	17.13	16.14	16.60	15.96	
400m		1:06.09				1:07.30					1:05.83
1000m											2:46.03
	2100m	2200m	2300m	2400m	2500m	2600m	2700m	2800m	2900m	3000m	
Race Time	5:45.79	6:02.05	6:18.63	6:34.63	6:51.06	7:07.22	7:23.65	7:39.86	7:56.69	8:13.36	
100m	16.67	16.26	16.58	16.00	16.43	16.16	16.43	16.21	16.83	16.67	
400m				1:05.51				1:05.23			
1000m											2:44.24
	3100m	3200m	3300m	3400m	3500m	3600m	3700m	3800m	3900m	4000m	
Race Time	8:30.11	8:46.79	9:03.49	9:20.52	9:38.03	9:55.29	10:12.68	10:30.24	10:48.29	11:05.89	
100m	16.75	16.68	16.70	17.03	17.51	17.26	17.39	17.56	18.05	17.60	
400m		1:06.93				1:08.50					1:10.60
1000m											2:52.53
	4100m	4200m	4300m	4400m	4500m	4600m	4700m	4800m	4900m	5000m	
Race Time	11:23.62	11:41.45	11:59.36	12:17.27	12:34.93	12:52.54	13:10.42	13:27.94	13:45.53	14:03.00	
100m	17.73	17.83	17.91	17.91	17.66	17.61	17.88	17.52	17.59	17.47	
400m				1:11.38				1:10.67			
1000m											2:57.11
	5100m	5200m	5300m	5400m	5500m	5600m	5700m	5800m	5900m	6000m	
Race Time	14:20.64	14:38.07	14:55.46	15:13.12	15:31.03	15:48.81	16:06.41	16:24.20	16:42.15	17:00.10	
100m	17.64	17.43	17.39	17.66	17.91	17.78	17.60	17.79	17.95	17.95	
400m		1:10.13				1:10.74					1:11.29
1000m											2:57.10
	6100m	6200m	6300m	6400m	6500m	6600m	6700m	6800m	6900m	7000m	
Race Time	17:18.07	17:36.26	17:54.49	18:12.60	18:30.34	18:48.00	19:05.77	19:23.66	19:41.53	19:59.50	
100m	17.97	18.19	18.23	18.11	17.74	17.66	17.77	17.89	17.87	17.97	
400m				1:12.50				1:11.06			
1000m											2:59.40
	7100m	7200m	7300m	7400m	7500m	7600m	7700m	7800m	7900m	8000m	
Race Time	20:17.07	20:34.86	20:52.79	21:10.29	21:27.71	21:45.18	22:02.77	22:20.39	22:37.97	22:55.55	
100m	17.57	17.79	17.93	17.50	17.42	17.47	17.59	17.62	17.58	17.58	
400m		1:11.20				1:10.32					1:10.37
1000m											2:56.05
	8100m	8200m	8300m	8400m	8500m	8600m	8700m	8800m	8900m	9000m	
Race Time	23:13.23	23:30.92	23:49.11	24:07.17	24:24.95	24:43.17	25:01.44	25:19.62	25:37.45	25:55.52	
100m	17.68	17.69	18.19	18.06	17.78	18.22	18.27	18.18	17.83	18.07	
400m				1:11.62				1:12.45			
1000m											2:59.97
	9100m	9200m	9300m	9400m	9500m	9600m	9700m	9800m	9900m	10000m	
Race Time	26:13.34	26:30.90	26:48.26	27:06.18	27:23.99	27:41.87	27:58.97	28:16.05	28:33.15	28:50.72	
100m	17.82	17.56	17.36	17.92	17.81	17.88	17.10	17.08	17.10	17.57	
400m		1:11.28				1:10.97					1:08.85
1000m											2:55.20

655	Tiernan, Patrick (AUS)										Posn. 22
	100m	200m	300m	400m	500m	600m	700m	800m	900m	1000m	
Race Time	16.26	31.81	48.30	1:04.01	1:20.65	1:36.50	1:53.26	2:09.27	2:25.86	2:42.23	
100m	16.26	15.55	16.49	15.71	16.64	15.85	16.76	16.01	16.59	16.37	
400m				1:04.01				1:05.26			
1000m											2:42.23
	1100m	1200m	1300m	1400m	1500m	1600m	1700m	1800m	1900m	2000m	
Race Time	2:59.30	3:15.52	3:32.66	3:49.17	4:06.30	4:22.97	4:40.09	4:56.02	5:12.64	5:28.49	
100m	17.07	16.22	17.14	16.51	17.13	16.67	17.12	15.93	16.62	15.85	
400m		1:06.25				1:07.45				1:05.52	
1000m											2:46.26
	2100m	2200m	2300m	2400m	2500m	2600m	2700m	2800m	2900m	3000m	
Race Time	5:44.87	6:01.25	6:17.44	6:33.52	6:50.01	7:06.14	7:22.60	7:38.93	7:55.74	8:11.79	
100m	16.38	16.38	16.19	16.08	16.49	16.13	16.46	16.33	16.81	16.05	
400m				1:05.03				1:05.41			
1000m											2:43.30
	3100m	3200m	3300m	3400m	3500m	3600m	3700m	3800m	3900m	4000m	
Race Time	8:28.23	8:44.44	9:00.93	9:16.79	9:33.57	9:49.65	10:06.46	10:22.76	10:39.69	10:55.79	
100m	16.44	16.21	16.49	15.86	16.78	16.08	16.81	16.30	16.93	16.10	
400m		1:05.51				1:05.21				1:06.14	
1000m											2:44.00
	4100m	4200m	4300m	4400m	4500m	4600m	4700m	4800m	4900m	5000m	
Race Time	11:11.96	11:28.13	11:45.13	12:01.77	12:18.81	12:35.39	12:51.79	13:07.67	13:23.62	13:39.66	
100m	16.17	16.17	17.00	16.64	17.04	16.58	16.40	15.88	15.95	16.04	
400m				1:05.98				1:05.90			
1000m											2:43.87
	5100m	5200m	5300m	5400m	5500m	5600m	5700m	5800m	5900m	6000m	
Race Time	13:55.92	14:12.20	14:28.52	14:44.89	15:01.44	15:17.97	15:34.65	15:51.07	16:07.79	16:24.49	
100m	16.26	16.28	16.32	16.37	16.55	16.53	16.68	16.42	16.72	16.70	
400m		1:04.53				1:05.77				1:06.52	
1000m											2:44.83
	6100m	6200m	6300m	6400m	6500m	6600m	6700m	6800m	6900m	7000m	
Race Time	16:41.14	16:57.97	17:14.72	17:31.63	17:48.26	18:04.90	18:21.54	18:38.34	18:55.11	19:11.72	
100m	16.65	16.83	16.75	16.91	16.63	16.64	16.64	16.80	16.77	16.61	
400m				1:07.14				1:06.71			
1000m											2:47.23
	7100m	7200m	7300m	7400m	7500m	7600m	7700m	7800m	7900m	8000m	
Race Time	19:28.44	19:45.12	20:01.53	20:17.60	20:34.29	20:50.81	21:07.83	21:25.26	21:42.28	21:59.05	
100m	16.72	16.68	16.41	16.07	16.69	16.52	17.02	17.43	17.02	16.77	
400m		1:06.78				1:05.69				1:08.24	
1000m											2:47.33
	8100m	8200m	8300m	8400m	8500m	8600m	8700m	8800m	8900m	9000m	
Race Time	22:15.68	22:32.72	22:50.39	23:07.86	23:27.72	23:50.29	24:15.30	24:40.08	25:05.73	25:29.94	
100m	16.63	17.04	17.67	17.47	19.86	22.57	25.01	24.78	25.65	24.21	
400m				1:08.81				1:32.22			
1000m											3:30.89
	9100m	9200m	9300m	9400m	9500m	9600m	9700m	9800m	9900m	10000m	
Race Time	25:53.18	26:12.25	26:30.23	26:47.97	27:07.92	27:30.47	27:55.20	28:25.24	28:54.57	29:23.72	
100m	23.24	19.07	17.98	17.74	19.95	22.55	24.73	30.04	29.33	29.15	
400m		1:32.17				1:18.22				1:53.25	
1000m											3:53.78

1341	Arikan, Polat Kemboi (TUR)										DNF
	100m	200m	300m	400m	500m	600m	700m	800m	900m	1000m	
Race Time	16.29	31.53	47.83	1:03.70	1:19.55	1:35.45	1:52.17	2:08.23	2:24.63	2:41.37	
100m	16.29	15.24	16.30	15.87	15.85	15.90	16.72	16.06	16.40	16.74	
400m				1:03.70				1:04.53			
1000m											2:41.37
	1100m	1200m	1300m	1400m	1500m	1600m	1700m	1800m	1900m	2000m	
Race Time	2:58.27	3:14.86	3:31.65	3:48.35	4:05.38	4:21.88	4:38.47	4:54.67	5:11.52	5:27.38	
100m	16.90	16.59	16.79	16.70	17.03	16.50	16.59	16.20	16.85	15.86	
400m		1:06.63				1:07.02					1:05.50
1000m											2:46.01
	2100m	2200m	2300m	2400m	2500m	2600m	2700m	2800m	2900m	3000m	
Race Time	5:43.61	5:59.87	6:16.13	6:32.26	6:48.94	7:04.93	7:21.57	7:38.04	7:54.46	8:10.67	
100m	16.23	16.26	16.26	16.13	16.68	15.99	16.64	16.47	16.42	16.21	
400m				1:04.88				1:05.78			
1000m											2:43.29
	3100m	3200m	3300m	3400m	3500m	3600m	3700m	3800m	3900m	4000m	
Race Time	8:27.26	8:43.43	8:59.91	9:15.91	9:32.53	9:48.57	10:05.55	10:21.71	10:38.95	10:55.13	
100m	16.59	16.17	16.48	16.00	16.62	16.04	16.98	16.16	17.24	16.18	
400m		1:05.39				1:05.14					1:06.56
1000m											2:44.46
	4100m	4200m	4300m	4400m	4500m	4600m	4700m	4800m	4900m	5000m	
Race Time	11:11.29	11:27.40	11:44.47	12:01.00	12:17.87	12:34.23	12:50.55	13:06.15	13:22.12	13:38.11	
100m	16.16	16.11	17.07	16.53	16.87	16.36	16.32	15.60	15.97	15.99	
400m				1:05.87				1:05.15			
1000m											2:42.98
	5100m	5200m	5300m	5400m	5500m	5600m	5700m	5800m	5900m	6000m	
Race Time	13:54.22	14:10.50	14:27.18	14:43.69	15:00.49	15:17.25	15:34.27	15:50.96	16:08.09	16:24.87	
100m	16.11	16.28	16.68	16.51	16.80	16.76	17.02	16.69	17.13	16.78	
400m		1:04.35				1:06.75					1:07.62
1000m											2:46.76
	6100m	6200m	6300m	6400m	6500m	6600m	6700m	6800m	6900m	7000m	
Race Time											
100m											
400m											
1000m											
	7100m	7200m	7300m	7400m	7500m	7600m	7700m	7800m	7900m	8000m	
Race Time											
100m											
400m											
1000m											
	8100m	8200m	8300m	8400m	8500m	8600m	8700m	8800m	8900m	9000m	
Race Time											
100m											
400m											
1000m											
	9100m	9200m	9300m	9400m	9500m	9600m	9700m	9800m	9900m	10000m	
Race Time											
100m											
400m											
1000m											

849	Amlosom, Nguse (ERI)										DNF
	100m	200m	300m	400m	500m	600m	700m	800m	900m	1000m	
Race Time	16.91	34.27									
100m	16.91	17.36									
400m											
1000m											
	1100m	1200m	1300m	1400m	1500m	1600m	1700m	1800m	1900m	2000m	
Race Time											
100m											
400m											
1000m											
	2100m	2200m	2300m	2400m	2500m	2600m	2700m	2800m	2900m	3000m	
Race Time											
100m											
400m											
1000m											
	3100m	3200m	3300m	3400m	3500m	3600m	3700m	3800m	3900m	4000m	
Race Time											
100m											
400m											
1000m											
	4100m	4200m	4300m	4400m	4500m	4600m	4700m	4800m	4900m	5000m	
Race Time											
100m											
400m											
1000m											
	5100m	5200m	5300m	5400m	5500m	5600m	5700m	5800m	5900m	6000m	
Race Time											
100m											
400m											
1000m											
	6100m	6200m	6300m	6400m	6500m	6600m	6700m	6800m	6900m	7000m	
Race Time											
100m											
400m											
1000m											
	7100m	7200m	7300m	7400m	7500m	7600m	7700m	7800m	7900m	8000m	
Race Time											
100m											
400m											
1000m											
	8100m	8200m	8300m	8400m	8500m	8600m	8700m	8800m	8900m	9000m	
Race Time											
100m											
400m											
1000m											
	9100m	9200m	9300m	9400m	9500m	9600m	9700m	9800m	9900m	10000m	
Race Time											
100m											
400m											
1000m											